



High School Essay Contest

Submission deadline – August 21, 2019

The Nepalese Association in Southeast America (NASeA) and the Association of Nepalese in Midwest America (ANMA) are announcing the annual high school student essay contest open to all students of North America.

No matter who we are, no matter where we live and no matter what life we choose to lead, we are all Nepali in one way or another. Whether we are aware of it or not, we are shaped and influenced by our Nepali culture and tradition, which has evolved over thousands of years. Our roots lead us deeper to Nepal and nurture us through nutrient of Nepali culture and tradition.

The goal of this contest is to increase awareness of Nepali culture in order to preserve our culture and ultimately gain a better understanding of ourselves.

Title: Building Us by Building Ourselves:

A country is built by its citizens, if the citizens become capable and prosperous, country becomes so.

Please write your thoughts on how to build and strengthen our Nepali community for future and make it prosperous. What the Nepali community and organization should be doing now for its future? And what should be short term plans and long term visions?

Guideline: The essay should focus on a Nepali community and organizations in North America.

Awards & Recognitions:

The first, second and third place winner will be awarded a prize of US \$300, \$100 and \$50 respectively, along with an award certificate. The top three essays will also be published in NASeA's upcoming *Yeti View Point* magazine. The winners will be honored during NASeA/ANMA Joint Convention during Labor Day Weekend 2019 in Winston Salem, North Carolina.

Awards for the high school writing contest is personally sponsored by **Mr. M.S. Khan** from Greensboro, NC.

Eligibility:

1. The contest is open to all North American Region high school students (Grades 9 – 12) enrolled in 2019-2020.
2. All essays must reflect the contestant's own research and originality in writing.
3. Limit one submission per student.
4. Essay must be submitted online before deadline to all Judging Committee members.

Essay specification:

1. Written in English language.

2. Student's name, photo, email address and day-time phone number must appear at the top of the essay.
3. Document **limits to 800 –1000 words**. All words, except title and bibliography will be counted towards the word limits.
4. Type using MS-Word, double-spaced and page numbered.
5. Submit in MS-Word format to Judging Committee Chair and carbon copy to all committee members.

Timeline:

1. **Essay submission deadline – Wednesday, August 21, 2019.**
2. Winner notification – August 23, 2019.
3. Winners recognition – During cultural program of NAsEA/ANMA joint convention in Winston Salem.

Judging criteria:

1. Scope of research (20%)
2. Organization of content (15%)
3. Originality (20%)
4. Logic development (10%)
5. Spelling and grammar (10%)
6. Clarity and sincerity of thoughts (10%)
7. Completeness (15%)

A panel of official essay contest committee will conduct judging. The committee's decision will be the final decision.

The judging committee

- Dr. Sushama Pradhan, NC, USA – Chairperson: spradhan@gmail.com
- Dr. Postak Shrestha, MN – Co-Chair: postak_shrestha@hotmail.com
- Dr. Gyanendra Pokharel, Calgary, Canada – Member: gyanendra.pokharel@gmail.com
- Dr. Amar Karki, FL – Member: amarbdrkarki@gmail.com
- Ms. Shrijana Sharma, GA – Member: srijana98@gmail.com