

# Yeti Viewpoints



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Association of Nepalese  
in Midwest America



## Nepali National Convention 2018

—Unity for Nepalese Community—

August 31 – September 2

Chicago, Illinois



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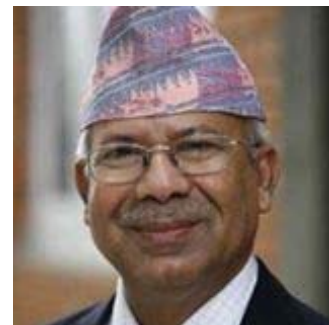
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## Message from Former Prime Minister of Nepal, Madhav K. Nepal



**Madhav K. Nepal**

Former Prime Minister  
Standing Committee Member and  
Chief, Department of Foreign Affairs, NCP  
Member, House of Representatives

**माधव कुमार नेपाल**

पूर्व प्रधानमन्त्री  
स्थायी कमिटी सदस्य तथा  
प्रमुख, वैदेशिक मामिला विभाग, नेकपा  
सदस्य, प्रतिनिधि सभा



August 14, 2018

### Greeting Message

On behalf of Central Committee of Nepal Communist Party and on my own, I would like to extend my feisty felicitations and cordial congratulations to the Association of Nepalese in Mid-West America (ANMA), Nepalese Association of South-East America (NASeA) and Association of Nepalese in America (ANA) for a grand success of Nepali National Convention 2018 which is going to be held on August 31<sup>st</sup> – September 2, 2018 in Chicago Illinois, USA.

The numbers of Nepalese people, seeking for opportunities, particularly in higher and better education, are increasing in various parts of the globe. In this regard, the United States of America has been one of the most potential destinations for the Nepalese Communities who want to use their talents, skills and inherent latency. Exchange of ideas, expertise and experiences amongst two peoples are always beneficial for all. Thus I believe, the Nepalese people who are living in different parts of America will certainly play important role in the development of respective country and significantly contribute to promote, strengthen and deepen bilateral relations between both the peoples of Nepal and United States of America.

I am highly delighted to know that the initiatives taken by your organizations have created a platform to bring all the Nepalese people together who are living in USA and Canada. Your endeavors will certainly come with flying color in regard to consolidate unity, enable to stretch the hands of cooperation and strengthen solidarity among the Nepalese dwelling in the region through this Diaspora.

Once again, I would like to extend my best wishes for the grand success of Nepali National Convention- 2018. I believe this Convention will definitely contribute to achieve expected goals and explore more new avenues.

With Solidarity,

**Madhav Kumar Nepal**

## Message from the Mayor of Chicago, Rahm Emanuel



OFFICE OF THE MAYOR  
CITY OF CHICAGO

RAHM EMANUEL  
MAYOR

August 31, 2018

Dear Friends:

Namaskar! As Mayor and on behalf of the City of Chicago, I am honored to welcome the first ever Nepali National Convention to Chicago this Labor Day weekend.

Chicago greatly values its diverse and inclusive society and is proud to call itself home to over 7,000 Nepalis. Your rich traditions, experiences and expertise have had a significant impact on the cultural life of our city, and we look forward to welcoming Nepali dignitaries, diplomats, business and civic leaders from around the world to Chicago this weekend.

I again extend my best wishes and advance congratulations for a wonderful Nepali National Convention, and hope your stay in Chicago is full of excitement and meaningful memories for years to come.

Sincerely,

A handwritten signature in blue ink that reads "Rahm Emanuel".

Mayor



## Message from His Excellency the Nepalese Ambassador to the United States of America



Ambassador

**EMBASSY OF NEPAL**  
2131 LEROY PLACE, N.W.  
WASHINGTON, D.C. 20008

August 13, 2018

### Message

It is my distinct honor, in my capacity as the Ambassador of Nepal to the USA, on behalf of the Government of Nepal, to extend my warmest congratulations to the Association of Nepalese in Mid-West America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalese in the Americas (ANA) for a successful Nepali National Convention 2018 on Aug 31-Sept 2, 2018 in Chicago, Illinois, USA.

Nepalese are a growing community in the United States of America. The Nepalese people are attracted to this great country because of the opportunities to make the best use of their talents and skills. I believe that as our community grows, it is essential to create platforms for our community members to network and exchange ideas and expertise that benefit each other as well as promote Nepal. In that regard, I am extremely pleased to hear about ANMA, NASeA and ANA's initiative to bring together the Nepalese living in America as well as in Canada to meet and greet and engage among themselves to strengthen the unity among Nepalese organizations and empower each other. I am optimistic that this convention will further strengthen the bonds of ties between the Nepali diaspora.

I wish to extend my sincere greetings and hope this convention will facilitate towards achieving the mission, vision, and goals of ANMA, NASeA and ANA. I wish the convention a grand success.

Dr. Arjun Kumar Karki

---

PHONE: (202) 667-4550, FAX: (202) 667-5534, EMAIL: [info@nepalembassyusa.org](mailto:info@nepalembassyusa.org)

# नेपाली कांग्रेसका प्रवक्ता श्री विश्वप्रकाश शर्मा को शुभकामना संदेश



च. नं. ६३

  
**नेपाली कांग्रेस**  
 केन्द्रीय कार्यालय  
 बी.पी. स्मृति भवन, ललितपुर, नेपाल



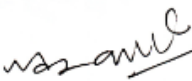
८ भाद्र २०७५

प्रिय साथीहरू

साल समुन्द्र पारि अमेरिकी भूमिमा रहेर पनि नेपाल देशको प्रगतिमा आफ्नो सहभागीता एवं भाषा र संस्कृतिमा आफ्नो आत्मियताको जगेर्ना गर्ने यहाँहरूमा रहेको जागरुकतालाई म हृदयदेखि श्रद्धा र सम्मान गर्दछु । सोही क्रममा हुन लागेको "Nepali National convention 2018" ऐतिहासिक वत्र सफल हुने विश्वास लिएको छु ।

"एक पटकको नेपाली सधैंको नेपाली" भावनालाई सम्मान गर्दै "नेपाली मन र नेपाली पन सदैव जीवन्त राख्न" सम्मेलनले महत्वपूर्ण योगदान गर्न सक्नेछ भन्ने विश्वास साथ तपाईंहरूको मातृभूमि देखि सफलताको शुभकामना व्यक्त गर्दछु ।

जयनेपाल !



विश्वप्रकाश शर्मा

प्रवक्ता

टेलिफोन : (००९७७-९) ५१८३२६३ / ५१८३२६४ / ५१८३२६५, फ्याक्स : ५१८३२६६  
 e-mail: ncparty@wlink.com.np/info@nepalicongress.org/Internet Access: http://www.nepalicongress.org



## Message from the Chairman of Nepali National Convention 2018



Dear friends and families  
Namaskar!

On behalf of the executive committee of Association of Nepalese in Midwest America (ANMA) and the entire ANMA family of Midwest Region of the USA, I welcome you to the Nepali National Convention 2018 in the great city of Chicago during this Labor Day weekend (August 31<sup>st</sup> – Sept 2<sup>nd</sup>).

This is a special convention for all of us because one of the biggest Nepali organization in the USA, Association of Nepal in the Americas (ANA) have joined hands with us for the National convention along with our longtime partner organization Nepalese Association in Southeast America (NASeA). Besides this, several other Nepali organizations in Chicago areas and across the nation are participating in this convention. The theme of this year's convention "*Unity for Nepalese Community*" reflects our character and signifies the expectation of our community today. We hope that your attendance and the success of the convention will mark a history.

Exciting programs are planned for delegates and guests that will allow everyone to experience Nepalese uniqueness. The convention will feature insightful speakers from a diverse cross-section of the professions and media representing all aspects of the life of Nepali community.

Your participation in a gathering like this encourages us to work more for the community. We all feel proud to be working with you. Togetherness brings strengths and with the strength, we can serve the community better.

I personally thank you all very much for your immeasurable & impeccable support. I hope to receive such a help in future as well.

We look forward to meeting each and every one of you during these three days and thank you for helping us to make this convention a grand success.

Bala Ghimire  
Chairman, Nepali National Convention 2018  
ANMA President (2017-2019)

## Message from the President of the Nepalese Association in Southeast America (NASEA)



Unity for Nepalese Community !

On behalf of Nepalese Association in Southeast America and the entire team, I want to extend my warmest welcome to our “Nepali National Convention 2018” participants and well-wishers.

We are looking forward to meeting everyone in the Windy City.

As we promoted unity amongst the Nepalese community, the concept of a joint national convention was formed. With more organizations in place and participating today, we are able to unite more Nepalese people.

Without venturing into new concepts, we will remain stagnant. The old ways were effective in the past, but now we are ready to move into a new era.

I am confident that this convention will provide a solid foundation for our future generations.

We will be listening closely to your suggestions before we decide whether to move forward with similar conventions.

Please reach out with concerns or suggestions. We know we can always do better- We invite you to help tell us how.

Regards,  
Madhav Dhakal  
President ,  
Nepalese Association in Southeast America



## Message from the President of Association of Nepalis in Americas (ANA)



Seasonal Greetings to every one!

On behalf of the Greater ANA family, we would like to welcome all of you for National Convention, Chicago 2018.

Association of Nepalis in Americas (ANA) was established in 1983 in Corning, NY and later incorporated in Washington, DC. The ANA annual conventions were/are the de facto national festival for all the Nepalis during July 4<sup>th</sup> weekend. The trend is going on.

ANA has storied history of helping and managing community crises. We played vital roles in all democratic movement including 2036 BS, 2046 BS and 2063 BS. There are so many crises that we helped, it is hard to name them all here.

Nepal Education and Cultural Centre (NECC) is the brainchild and internal part of ANA. It is a huge and popular destination of our diaspora. We feel blessed and proud of the growth of NECE. It was established by and from ANA elders and ran as subsidy of ANA for a long time. Likewise, ANA runs Nepal Scholarship program chaired by Dr. Tulasi Joshi and more than 40 students from rural areas of Nepal came here and completed higher education. Similarly, we made contributions to countless micro projects in Nepal and locally here through various channels.

In respect of change of time and demographic, this leadership has decided to forge a working alliance with other leading organizations. The Chicago National Convention is the result of our combined efforts. We would like to explore and introduce all the available public resources in local level, state level and Federal level in order to empower our community. We are making a paradigm shift from leading mode to serving mode.

We would love to hear your ideas and cooperation by strengthening our unity and increasing our shared values.

With best wishes to all and Sincerely,

Medini Adhikari  
President, Association of Nepalese in the Americas (ANA)

GoM Registration No.: 01-2070/71

FOR NEPALI BY NEPALI

नेपालीका लागि नेपाली



## Non-Resident Nepali Association (NRNA)

### गैरआवासीय नेपाली संघ

Ref. N-237/1719

19 August 2018

Mr. Bala Ghimire  
Chairperson  
ANMA / NAsEA / ANA National Convention (Chicago)

Dear Mr. Ghimire,

Greetings from NRNA!

On behalf of NRNA family, we would like to congratulate you and entire team of ANMA, NAsEA and ANA for jointly organizing the Nepali National Convention 2018 from Aug 31 -Sept 2, 2018 at Hilton Rosemont/Chicago O'Hare, IL, USA.

*"Unity among Nepalese"* is also one of the major objectives of NRNA and the interests of Nepalese Communities residing across the globe are supreme objectives of ours. We believe this convention will bring all the Nepalese of the Americas region together under one platform and brainstorm on different burning issues of Nepalese communities including promotion of Nepal and welfare of Nepalese in the particular region.

We hope this will be a remarkable event in highlighting the achievements, contribution of Nepalese in the respective region and the convention will also exhibit the unity of Nepalese communities to the outer world.

NRNA appreciates the joint effort of Nepali organizations of USA and wish for the grand success of the event.

Unity is our strength; let us utilize this strength for the betterment of Nepal and Nepalese.

With best regards,

Bhaban Bhatta  
President  
International Coordination Council  
Non-Resident Nepali Association



Dr. Badri KC  
General Secretary  
International Coordination Council  
Non-Resident Nepali Association

P.O.B 1189 Kathmandu, Nepal

(977-1) 4004529

Info@nrna.org

www.nrna.org



# Message from Honorary Consulate of Nepal to San Diego, United States of America



**Rishi P. Dhakal**  
Honorary Consul General

**Honorary Consulate of Nepal to San Diego**  
357 W. Woodruff Ave  
Arcadia, CA 91007, USA  
PH: (626) 320 2437  
Fax: (626) 448 2069  
Email: info@hcgncsa.org  
Website: www.hcgncsa.org

Date: 07/18/2018

It is my great pleasure to know that three big Nepali organizations-- Association of Nepalese in Mid-West America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalese in the Americas (ANA) – are jointly organizing the Nepali National Convention in association with other local Nepalese organizations in Chicago, Illinois, on August 31 through September 2, 2018.

I feel happy to know that ANMA, NASeA, and ANA are doing a great community service and activism in the local Nepali diaspora communities. I believe this year's Nepali National Convention will be instrumental in sharing ideas on prominent issues concerning the lives of Nepali diaspora besides providing networking opportunities for hundreds of our brothers and sisters. Likewise, the convention will be helpful in preserving and promoting Nepali culture and tourism in the United States of America.

Our diaspora organizations can support our society and motherland by using their expertise in their related field. I hope that all the deliberations during the Mega convention will facilitate toward achieving the goal of the people of Nepali origin.

I wish a grand success of ANMA/NASeA and ANA Convention 2018.

Rishi P Dhakal  
Honorary Consul General  
Government of Nepal

# प्रवासी नेपाली मंच, अमेरिकाका अध्यक्ष श्री प्रभु थापाको शुभकामना संदेश



## Overseas Nepali Forum, America (ONF) प्रवासी नेपाली मंच, अमेरिका

Email: onfusacc@gmail.com

मिति: अगष्ट १२, २०१८

### हार्दिक शुभकामना

नेपाल र नेपालीहरूको सुख र सम्वृद्धिको निम्ती क्रियाशील रहनु, देश विदेशमा रहेका नेपालीहरूलाई भावनात्मक रूपमा एकीकृत राख्नु र नेपालको कला संस्कृतिको जगेर्ना र प्रवर्धनमा लाग्नु नेपाली सामुदायिक संस्थाहरूको मूल लक्ष्य रहँदै आएको छ। उल्लेखित लक्ष्यमा दृढता साथ अगाडी बढ्ने जोसुकैसंग पनि सहकार्य गर्नु हाम्रो संस्था प्रवासी नेपाली मंच अमेरिकाको परिचय रहेको सबैलाई विदित नै छ।

यसै अनुसार अमेरिकामा रहेका अग्रणी संस्थाहरू आन्मा, नासिया र एएनएको संयुक्त अधिवेशन हुन लागेको विषयले हाम्रो सिंगो संगठनलाई हर्षित बनाएको छ। यो संयुक्त अधिवेशन भव्यता साथ सम्पन्न होस, यसले विवादरहित र भावनात्मक रूपमा जोडिएको नेपाली समुदायको सपना पुरा गर्ने अभियानमा कोशेढुंगाको भूमिका खेल्न सकोस भन्ने शुभकामना!

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**नेपाली जनसम्पर्क समिति, अमेरिका**  
**Nepali Public Relations Committee, America**

4826 64TH Street 2C Woodside NY 11377, www.nprccusa.org



## शुभकामना

मिति: अगष्ट २३, २०१८

अमेरिकामा क्रियाशील तीन नेपाली सामुदायिक संस्थाहरु एन्मा, नासिया र एएनएले संयुक्त रुपमा राष्ट्रिय सम्मेलन गर्न लागेकोमा धेरै खुशी लागेको छ। अमेरिकामा नेपालीहरुको आगमनका शुरुका दिनका अनुभवहरु बटुल्नु भएका सामाजिक अभियन्ताहरु यी संस्थाको विभिन्न जिम्मेवारीमा रहनु भएको छ। उहाँहरुको अथक मेहेनेत र प्रयासले नेपाली समुदाय लाभान्वित भएको छ।

अमेरिकालाई कर्मभूमि बनाउनु हामी सबैका आ-आफ्ना परिस्थिति होलान् तर अब हाम्रो मूल भाव भनेको हाम्रो आफ्नो समुदायलाई बलियो बनाउने, नेपाली भाषा र संस्कृतिको जगेर्ना गर्ने र अमेरिकामा नै जन्मी हुर्कदै गरेको दोश्रो पुस्तालाई हाम्रो मौलिक परम्परा, संस्कार र संस्कृति सिकाउदै अमेरिकाको मूलधारमा आफ्नो पहिचान बनाउन अभिप्रेरित गर्ने हुनुपर्छ।

“नेपाली समुदायको एकताका लागि” भन्ने मूल नाराका साथ तपाईंहरु सम्मेलन गर्दै हुनुहुन्छ। अमेरिकामा हाम्रो संख्यामा भएको वढोत्तरीसगै हामी बीचको एकता र सौहार्दता अझ प्रगाढ र खोंदिलो हुँदै जानुको बदलामा आपसी वेमेल र विमति बढ्दै गएको विडम्बनापूर्ण अवस्था छ। यस्तो परिस्थितिका बीच यसरी तीन अलग अलग संस्थाहरु आपसमा मिलेर संयुक्त सम्मेलन गर्नुले एक सकारात्मक संदेश दिएको र सबै मिलेर जानुपर्छ, मिलेर सामुहिक भावनाले अधि बढ्न सकिन्छ भन्ने उदाहरण तपाईंहरुले प्रस्तुत गर्न लाग्नु भएको छ। यसका लागि म नेपाली कांग्रेस पार्टी र नेपाली जनसम्पर्क समिति, अमेरिकाका सम्पूर्ण सदस्यहरुको तर्फबाट तीनै संस्थाका आयोजक पदाधिकारी र सम्मेलन सफल बनाउन खट्नु हुने सबै साथीहरुप्रति आभार व्यक्त गर्दछु।

हामी सबैको साझा प्रयास अमेरिकामा नेपाली जातिको पहिचानमा वृद्धि र मातृभूमि नेपालका लागि योगदान गर्ने नै हुनुपर्छ। नेपालको विकास र सम्मृद्धिले नै हाम्रो शीर ठाडो हुनेछ। आपसी भाईचारा, एकता र सहयात्रा हाम्रो आवश्यकता हो। सामुदायिक हितका लागि सबै होस्टेमा हैसै गर्ौं। हामीले हिजो नेपालमा लोकतन्त्र प्राप्तीका लागि यहाँबाट गरेको खबरदारी र देशको राजनीतिक विकासका लागि गरेको योगदानले नै आज हामी यसरी शीर ठाडो पारेर नेपालमा रहेका सबै नेपालीको सहयात्री बनेर हरेक सुख, दुखमा साथ दिन सक्ने भएका छौं। देशमा अब लोकतन्त्र प्राप्तीको आन्दोलन सकिएको र आर्थिक उन्नतीको मूलवाटो मात्र अगाडि रहेकोले हामी प्रवासमा रहेका सबै नेपालीले पनि आ आफ्नो स्थानबाट देशको आर्थिक हितका लागि सक्रम योगदान गर्न आवश्यक छ। यस दिशामा यो सम्मेलनले सार्थक पहल गर्नेछ भन्ने विश्वास लिएको छु। सम्मेलन अमेरिकामा रहेका नेपालीहरु बीच भाईचारा बढाउन र मातृभूमि नेपालका लागि समेत उदाहरण दिन सफल बनोस् भन्ने शुभकामना व्यक्त गर्दछु।

जय नेपाल।

*Anand Bista*  
**(आनन्द बिष्ट)**

आमान्त्रित केन्द्रीय सदस्य, नेपाली कांग्रेस  
 एवं, अध्यक्ष, जनसम्पर्क समिति अमेरिका



## Message from the President of Nepali Public Relations International Coordination Committee (NPRICC)



बोपाबी जनसम्पर्क अन्तराष्ट्रिय समन्वय समिति (विश्व संजाल)  
Nepali Public Relations International Coordination Committee (NPRICC)

EST.: 2018



Date: August 22, 2018

On behalf of the Nepali Public Relation International Cooperation Committee, I would like to thank the Association of Nepalese in Mid-West America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalese in the Americas (ANA) for the invitation to part take in the Nepali National Convention 2018 held in Chicago IL.

The Nepali community is one of the fast growing communities in America. This National Convention hosted by these organizations and others is imperative in uniting all Nepali in the United States. I am very delighted to hear that important issues such as immigration, healthcare, jobs and investments are being discussed. I believe that it is essential for the future of Nepalese to expose our culture and traditions throughout the states. With more recognition of the Nepali community we will be able to provide the next generation of Nepalese more opportunities than before. Therefore, I wish the best for the Nepali National Convention 2018 and hope to make a lasting change for the Nepalese community in USA.

Thank You

Bishnu Subedi  
President  
NPRICC

## Editorial

Namaskar!

It is our pleasure to bring you Yeti Viewpoints, the commemorative magazine of the Nepali National Convention 2018, jointly organized by the Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in Americas (ANA). Yeti Viewpoints is being published in every convention containing program information, literary submissions, personal greetings and advertisements. This issue is a continuation of the past tradition.

With the slogan of “**Unity for Nepalese Community**”, we are hopeful this Convention will bring a sense of unity in Nepali people residing around North American continent. This convention will also help to understand and transfer cultural aspect from one generation to other. This convention includes sports, blood donation, cultural program, essay competition, Film Fare Award and many more activities. This National Convention aims to develop many more talents for the society by the inclusion of these activities. This is also a platform to meet old friends and make new friends.

This magazine would not have been possible without the support of different individuals. We would like to thank all the contributors who took the time to write their submission. Our sincere thanks also goes to all the well-wishers who expressed support via individual greeting messages. We also thank all the Platinum, Gold and Silver sponsors along with the advertisers for their financial support. We are also grateful to Mr. Bala Ghimire and ANMA team, Mr. Madhav Dhakal and NASeA team, Mr. Medini Adhikari and ANA team for their advice, guidance and continuous support to finalize the content of this magazine. It is difficult to say how much we value you and your work Mrs. Ambika Lohani Sharma. Not only you have designed the beautiful coverpage for this magazine but also you have helped us throughout this publication process.

We hope you will find this issue of Yeti Viewpoints informative and beneficial. Please feel free to provide us your valuable feedback, comments and suggestions so that we can continue to improve in the future. **Enjoy Reading!**

Thank you,

Publication Committee, Nepali National Convention 2018

Dr. Om Dahal (Coordinator)

Dr. Gokarna Aryal

Dr. Deepak Basyal

Shailesh Panth

### **Disclaimer:**

*Articles published in this newsletter are the opinion of the author. ANMA, NASeA and ANA are not responsible for the content.*



# Convention Agenda

## Nepali National Convention 2018

Jointly Organized by ANMA, NAsEa & ANA  
 August 31<sup>st</sup> – September 2<sup>nd</sup>  
 Chicago, IL  
 “Unity for Nepalese Community”

### Convention Location:

Hilton Rosemont/Chicago O’Hare  
 5550 N. River Road  
 Rosemount, IL 60018  
 Phone: 847-678-4488

### Registration Days/Hours:

Friday, August 31: 5:00 PM - 8:00 PM  
 Saturday, September 1: 8:00 AM - 7:00 PM  
 Sunday, September 2: 8:00 AM - 7:00 PM

### Registration:

The Nepali National Convention Registration Desk is located at the Hotel Lobby. Please contact Mr. Bharat Kandel at 314-303-2315 or bplk819@yahoo.com with any questions regarding registration and convention.

### Program Times:

Each program will run within allocated times. Program coordinators are responsible for executing program from start to end.

### Name Badges:

Name Badges for the registered participants are provided at the registration desk. Please wear your name badge at all the time when you are attending events and program.

### Electronic Devices:

Please turn off or silence all electronic devices during sessions, workshop, and plenary addresses.

## Convention Registration Categories

**Note: Grand Concert & Filmfare Award is not included with any package. The concert & Filmfare Award tickets will be sold separately.**

Early Registration period ended on July 15<sup>th</sup> and the extended discounted package rate also ended on July 31<sup>st</sup>.

Registration Category	Early Bird (Ends July 15 <sup>th</sup> )	Online (Ends Aug. 30 <sup>th</sup> )	Onsite After Aug. 30 <sup>th</sup>
ANMA/NAsEa/ANA Life Member Full Package	\$115.00	\$145.00	\$150.00
General Member Full Package	\$125.00	\$155.00	\$160.00
Student Full Package (Only Online)	\$105.00	\$135.00	Not Available Onsite
Saturday Only Package	\$85.00	\$90.00	\$95.00
Sunday Only Package	\$90.00	\$95.00	\$100.00
Children Food Package	\$80.00	\$80.00	\$85.00
Grand Concert Ticket Only	\$25.00	\$25.00	\$30.00 (Based on Availability)
NEMPA Filmfare Award Ceremony-VIP		\$100.00	\$100.00
NEMPA Filmfare Award Ceremony-Regular		\$25.00	\$30.00 (Based on Availability)

### The following items are included in the Registration Package:

Full Package Registration	Saturday Only Package	Sunday Only Package
<ul style="list-style-type: none"> <li>✓ Saturday Lunch &amp; Dinner</li> <li>✓ Sunday Lunch &amp; Dinner</li> <li>✓ Saturday Opening Ceremony</li> <li>✓ Sunday Cultural Program</li> <li>✓ All the programs &amp; forums</li> <li>✓ Job Fair</li> </ul> <p>(Grand Concert &amp; Filmfare Award ticket not included)</p>	<ul style="list-style-type: none"> <li>✓ Saturday Lunch &amp; Dinner</li> <li>✓ Saturday Opening Ceremony</li> <li>✓ Saturday programs &amp; forums</li> <li>✓ Job Fair</li> </ul> <p>(Grand Concert &amp; Filmfare Award ticket not included)</p>	<ul style="list-style-type: none"> <li>✓ Sunday Lunch &amp; Dinner</li> <li>✓ Sunday Cultural Program</li> <li>✓ Sunday programs &amp; forums</li> </ul> <p>(Grand Concert &amp; Filmfare Award ticket not included)</p>



# Program Schedule



# NEPALI NATIONAL CONVENTION 2018

UNITY FOR NEPALESE COMMUNITY

S. No	From	To	Location	Program Description/Date	Coordinator/Contact Person
<b>31st of August, 2018</b>					
1	5:00 PM	7:00 PM	Hotel Lobby	Registration and Social Hour	Mr. Bharat Kandel
2	7:00 PM	10:00 PM	Main Ball Room	Nepal Promotion VIP Dinner - Opportunity to interact/meet and greet with VIP guests, and Informal Nepal tourism/investment talk.	NNC
<b>1st September, 2018</b>					
3	8:00 AM	7:00 PM	Hotel Lobby	Registration	Mr. Bharat Kandel
4	8:00 AM	3:00 PM	Parking Lot	Blood Donation	Mr. Bishnu Phuyal
5	8:00 AM	5:00 PM	Sports Field	Sports	Mr. Indrakant Choudhary
6	8:00 AM	5:00 PM	Lobby	Job Fair	
7	9:00 AM	10:00 AM	Medium Room1	Job Search and Employment Session	Mr. Satya Choudhary
8	10:00 AM	11:00 AM	Medium Room1	Investment Forum	Mr. Satya Choudhary
9	11:00 AM	12:00 PM	Medium Room 2	Blood Donation Forum/Pulmonary Hypertension- a Different Kind of Hypertension	Dr. Lila Raj Dahal/Dr. Chooda Mani Khanal
10	11:00 AM	12:00 PM	Medium Room 1	Tourism Forum	Mr. Satya Choudhary
11	12:00 PM	1:00 PM	LUNCH Room	Lunch	NNC
12	1:00 PM	2:00 PM	Main Ball Room	Nepal Forum - Prosperous Nepal	Mr. Medini Adhikary (President, ANA)
13	2:00 PM	3:00 PM	Main Ball Room	Opening Ceremony	NNC
14	3:00 PM	4:00 PM	Main Ball Room	Opening Ceremony	NNC
15	4:00 PM	5:00 PM	Main Ball Room	Opening Ceremony	NNC
16	5:00 PM	6:00 PM	Medium Room 1	Interaction with Local Organizations	Dr. Bishnu Phuyal, Mr. Tilak KC
17	5:00 PM	6:00 PM	Medium Room 2	Spiritual Session	Dr. Tilak Shrestha
18	6:00 PM	7:00 PM	Dinner Hall	Dinner	NNC
19	7:00 PM	8:00 PM	Main Ball Room	Concert	Mr. Raj Acharya
20	8:00 PM	9:00 PM	Main Ball Room	Concert	Mr. Raj Acharya
21	9:00 PM	10:00 PM	Main Ball Room	Live band Unwritten karma with Nima Rumba	Mr. Anjan Shrestha
22	10:00 PM	11:00 PM	Main Ball Room	Live band Unwritten karma with Nima Rumba	Mr. Anjan Shrestha
23	11:00 PM	12:00 PM	Main Ball Room	DJ	Mr. Sailendra KC
<b>2nd September, 2018</b>					
24	8:00 AM	7:00 PM	Hotel Lobby	Registration	Mr. Bharat Kandel
25	8:00 AM	5:00 PM	Sports Fields	Sports	Mr. Indrakant Choudhary
26	8:00 AM	5:00 PM	Medium Room 2	ANMA Election	Mr. Rajendra Khatiwoda
27	9:00 AM	10:00 AM	Main Ball Room	Immigration and Business Law Forum	Mr. Bashu Phulara
28	9:00 AM	11:00 AM	Medium Room 1	Interactive Session on Nirogi Nepal/Health at Home	Dr. Chandra Chataut, Mr. Ankur Sharma and Yagna Pant
29	10:00 AM	11:00 AM	Main Ball Room	Civic Participation of People of Nepali Origin in America, A Panel Discussion	Dr. Arjun Banjade
30	10:00 AM	11:00 AM	Medium Room 1	Health Forum	Mr. Ramakanta Kharel
31	11:00 AM	12:00 PM	Medium Room 1	Giving Back to Motherland	Mr. Hem Pathak
32	11:00 AM	12:00 PM	Main Ball Room	A panel discussion pertaining to the prevailed Health and Education (HE) system of Nepal with an abstract analysis	Dr. Tulsi Dharel, Dr. Durga Dahal & Associates
33	12:00 PM	1:00 PM		Lunch	NCC
34	1:00 PM	2:00 PM	Medium Room 1	ANA-ANMA-NASeA Commission report on National Convention and interaction program	Mr. Rajendra Khatiwoda
35	2:00 PM	3:30 PM	Medium Room 1	Science, Technology, Innovation and Knowledge Transfer Committee, NRNA NCC of USA	Mr. Pashupati Pandey
36	3:00 PM	4:00 PM	Medium Room 2	Literary Session	INLS
37	3:30 PM	5:00 PM	Medium Room 1	Women's Empowerment and Domestic Violence	Ms. Urmila Panthi
38	5:00 PM	6:00 PM	Main Ball Room	Cultural Program	Mr. Beni Madhab Kandel
39	6:00 PM	7:00 PM	Main Ball Room	Cultural Program	Mr. Beni Madhab Kandel
40	7:00 PM	8:00 PM		Dinner	NNC
41	7:30 PM	8:00 PM	Medium Room 1	ANMA AGM	Mr. Bala Ghimire (President, ANMA)
42	7:30 PM	8:00 PM	Medium Room 2	NASeA AGM	Mr. Madhav Dhakal (President, NASeA)
43	7:30 PM	8:00 PM	Medium Room 3	ANA AGM	Mr. Medini Adhikary (President, ANA)
44	8:00 PM	9:00 PM	Main Ball Room	Film Fare Award	NCC
45	9:00 PM	10:00 PM	Main Ball Room	Film Fare Award	NCC
46	10:00 PM	11:00 PM	Main Ball Room	Film Fare Award	NCC
47	11:00 PM	12:00 PM	Main Ball Room	DJ	Mr. Sailendra KC

## Nepali National Convention 2018 Co-Chairs & Coordinators

Ambika Lohani Sharma	Co-Chair & IT Committee Coordinator
Jyoti Adhikary	Co-Chair, Nepali American Center (NAC)
Dr. Tulsi Dharel	Co-Chair & Academic Diaspora Committee Coordinator
Dr. Diwakar Dahal	NNC 2018 Secretary/Media Coordinator and ANMA Acting General Secretary
Bharat Kandel	Co-Chair and Registration Committee Coordinator, NNC 2018
Balram Panthi	Co-Chair and Fundraising & Advertising Committee Coordinator, NNC 2018
Benimadhav Kandel	Co-Chair and Cultural Program Committee Coordinator, NNC 2018
Prashim Poudyal	Co-Chair, NNC 2018
Dr. Anup Srivastav	Co-Chair, NNC 2018
Dr. Suman Silwal	Co-Chair, NNC 2018
Dr. Ram Krishna Shah	Co-Chair and Volunteer Committee Coordinator, NNC 2018
Anjan Shrestha	Co-Chair, NNC 2018
Sanjay Shrestha	Finance Committee Coordinator, NNC 2018 & ANMA Treasurer
Dr. Nirmal Paudel	NASeA Treasurer
Bijay Raj Bhattarai	ANA General Secretary
Krishna Shrestha	NASeA General Secretary
Urmila Panthi	Women Committee Coordinator, NNC 2018
Keshav Khanal	Food Committee, NNC 2018
Gopendra Bhattarai	Program Committee Coordinator, NNC 2018
Dr. Om Dahal	Publication Committee Coordinator, NNC 2018
Satya Choudhary	Co-Chair & Nepal Tourism and US Investment/Employment Committee Coordinator, NNC 2018
Bishna Devi Yadhav	Literary Committee Coordinator, NNC 2018
Raj Acharya	Co-Chair, NNC 2018 and President of Nebraska Nepalese Society (NNS)
Dr. Sushama Pradhan	Student Writing Contest Committee Coordinator, NNC 2018
Indrakant Choudhary	Sports Coordinator

## Mr. Rajendra Khatiwada



- Former President of Association of Nepalese in Midwest America (ANMA)

*Best wishes to ANMA, NASeA & ANA for the  
grand success of the  
Nepali National Convention 2018  
Chicago, Illinois  
Aug. 31 – Sept. 2, 2018*





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Kailash Kayastha, IA  
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Balram Panthi, MO  
Vice President



Bharat Kandel, MO  
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Newsletter Editor



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Thakur B Karki, PhD, NC  
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Bishal Bharati, NC  
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Khagendra Adhikari  
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Dr. Tulsi Dharel  
Vice President



Rajendra Khatiwada  
Vice President



Mukunda Dhungana  
Vice President



Bijay Raj Bhattarai  
General Secretary

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Dr. Usha Sharma  
Women Coordinator



Shyam Sedai  
Youth Coordinator



Arun Rupakheti  
Member



Anu Oanta  
Member



Shailendra Gorkhali  
Member



Ramesh Gurung  
Member



Dr. Choodamani Khanal  
Member

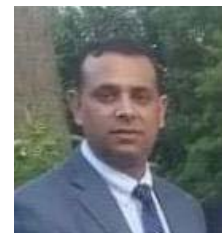


Binod Tripaty  
Member



Bijay Shrestha  
Member

## Message from the President of Nepali Janasamparka Samiti USA, IL Chapter



Greetings to every one!

On behalf of the Nepali Janasamparka Samiti USA, IL Chapter, I would like to welcome all our guests to the Nepali National Convention 2018 in Chicago, the famous “Windy City.”

With a slogan of “Unity for Nepalese Community”, three Nepalese organizations, Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASEA) and Association of Nepalis in the Americas (ANA) are organizing this historic Convention at our home city of Chicago, IL. This is definitely going to be a great initiative to unite all Nepalese not only in the United States of America but all over the world. This is a great opportunity for North American Nepali diaspora to share heritage, language, and culture. I believe this convention also provides platform for different individuals to share their inner talents.

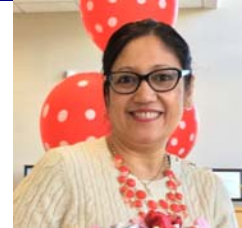
I wish ANMA, NASEA and ANA a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018.

Regards,

Bhoj Raj Ghimire  
President, Nepali Janasamparka Samiti USA, IL, Chapter

# I am Right

by Jyoti Adhikary



“I am right” this is what we think all the time. One only realizes he or she is wrong after days, months or even years. Often times, it is too late to go back and admit that you were wrong. I guess it is our ego that holds us back or it is lack of confidence that forces us to act a certain way even though we know we are doing the wrong thing. It takes courage to admit your own faults or wrong doings to others. It also requires the ability to understand others’ perspectives while keeping one’s own perspectives in mind. We know that we all see things differently but do we rarely take the time to see things from someone else’s eyes?

Most of us are on the same level when we talk about looking at things from another person’s point of view. This refers to how we sometimes forget to be good listeners. Many of us have no patience when it comes to listening to what the person on the other side of the table has to say. This is probably because we are best at talking about ourselves, a subject we know really well. We are proud and confident to talk about our family and our thoughts. When this happens, we can be completely unaware of how others are hurt by our wrong doings and sayings.

Unfortunately, everyone thinks that they are right. The prime minister thinks he is right, politicians think they are right, business men think they are right, fathers think they are right, mothers think they are right and the list goes on and on. The situation is getting out of control because we are failing to see when someone else might be right for a change.

Are we becoming less caring and less loving? Thinking about this topic, I have become nervous as we do not receive love and attention from others, we become unpleasant. Likewise, to receive care and love we must love and care others too.

Are we becoming selfish people? Unfortunately, I would say that the answer is yes. During my visit to Nepal, I noticed a lot of misunderstandings within families. No one is coming up with solutions to their problems; the only thing they are sure about is that their opinion is the right one. After noticing the same problem in several families, I realized that they would find a solution in listening to each other.

Once we learn to understand others and see through their eyes, we will be able to understand and like the things that we had never liked before. Consequently, one of the best ways for love to grow is through a

strong relationship and a strong relationship stems from understanding.

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalīs in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL  
Aug 31—Sep 2, 2018

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*ANMA / NAsEA Joint convention chair 2012*

*Founding President, Nepalese Association of Indiana (NAI)*

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## Some Tips in Parenting: How can we help develop our children in becoming confident and happy healthy individuals? And, our good friends?



by Anita Adhikary

I would like to share my experiences in raising children here in the USA. I am a mom, a grandmother, an early childhood educator and an author. I also am a faculty teaching Peace Education at a Montessori Teachers Training Institute in Michigan. These days I am enjoying my time as an author. Visiting schools, reading my books, doing Yoga with children and facilitating workshops in schools for parents. The topic? Parent Education Mornings or Evenings (depending on what is suitable for parents. Schools are organizing these sessions - Parenting Tips)

Therefore, I wanted to take this opportunity and share my experiences within our Nepali community.

Raising a child in two different cultures is quite a challenging task. It is not easy for us parents to change. Since we come from an entirely different culture. We are fixated in some of our old habits and norms, however, we can change. Change is a good healthy sign. All of us need to move forward, and enjoy what life has to offer.

If we listen to our children, respect them as you would like to be treated, it is rather fun. We come from a culture, where parents speak for their children. Never even realizing that we are answering the questions that people are addressing our children. Is this right? For an example: Your child is with you, by your side, someone asks your child a simple question “ what is your name”? Instead of your child answering, we tend to answer for them. This kind of pattern makes our children very meek and docile. If they are being addressed to let them answer. It's a joy to watch their interaction. We always tend to treat our children as kids, and not really respecting them as individuals. That these small children too have a mind of their own. We can learn so much from our children. They need to fit in this society, American culture. The moment they walk out through the doors, they have to adapt to the American way of living. Trust me, it's a daunting task for our children, too. We have to give them space and respect. In doing so we are helping them become confident learners, happy individuals and our good friends. Isn't this what we all desire? That children share their day with us?

1. Respect and Trust them: Let them move forward. They will become passionate in what they do, and will do well.

2. Prepare such an environment that children are left to explore on their own. Do not be after them all the time. Do not help them unnecessarily. Let them discover, explore, and meet up with challenges. These methods help children become happy confident individuals. With a good self esteem.

3. Language is powerful, try not using baby talk, use good language.

4. Bilingual: try and maintain speaking Nepali, at home. If one parent speaks in English and the other in Nepali, this will work wonders.

5. While children are playing or learning to walk, if they fall, do not make a big scene. Unless of course if they are badly hurt. Otherwise, just say, “are you ok”? And let them move forward. This is a beautiful way in helping them become confident young adults, otherwise, they will start seeing for negative attention.

6. Help children in becoming independent and self reliant. Let them choose their own clothing. Its ok if it doesn't match. As long as its clean, its ok to wear mismatched outfits, too. They feel good about themselves and will grow into strong individuals.

7. When going elsewhere, let them decide their own clothing. Do not make a war over what they can wear and not wear. You then become unhappy and the children miserable. No one is going to make fun of your children. If someone says something. You answer them saying” We are very happy that our children can dress themselves up”. And move away...

8. Allow children to play with mud, sand, water, leaves. Let them jump in a puddle, so what? if they get dirty or wet. The joy they get from these activities is priceless. Infusing with Nature is a great tool for children to embrace.

9. Go for walks with them. Study leaves, roots, branches, fruits, flowers. Discuss and explore learning together. Let them hug a tree...there are so many lessons involved in these activities....developing language, science, math...large and fine motor skills.

10. Let them appreciate nature. Lie down together in the grass and study clouds, birds, sky color. Talk about them. Make a project.

11. Allow them to go bare feet on the grass on the sand. Children are not doing this anymore. This is great for their development. Research has proven it.

12. Do not rush, take time, do not yell, respect them, compliment them, and acknowledge them.

13. Make them take ownership. Make them feel good. Refrain from saying "GOOD JOB"! Give them high fives and say, "YOU DID IT!"

14. When it's time to clean up no matter what you do or where you are or where you go, give them a warning. "In five minutes we need to be leaving, or in five minutes, its dinner time, or in five minutes its bed time". Stick to these religiously. ( If you parents need to get ready for something, can you leave what you are doing at the drop of a hat and go? ) I don't think so, therefore, please try and use this technique.

15. Speak softly, use inside voices. Give them eye contact, bend down and go on their level. If you scream from across the room, voice escalates, and it gets too loud. In our culture, we all want to be heard, therefore we are all speaking at the same time. Not really listening to anyone. Well, this kind of behaviour does not work, so we need to change.

16. If your children are struggling to eat, do not go on talking about food all the time. Do not make a big deal. They know that you are not happy with this behaviour, they will learn to twist your button by seeking negative attention. Therefore, let them eat, they will not starve. Do not feed them, otherwise your children will go hungry at school. Make a well balanced diet for school. With small portions: few carrots, few broccoli, few cheese, few crackers, small sandwiches, few meat. When they eat these, even if its few, Compliment them by saying "WOW! Today you ate this. I am so proud of you. Keep on doing this until they learn to eat everything. " ( It's not easy parents, but what can we do?) Prepare food together. Let your chil-

dren help in any way they can. In the kitchen , folding laundry, sorting whites, folding socks, watering plants. They feel happy to do this. Because, children want to please their parents all of the time, and be with them, especially the smaller ones. And guess what parents? There are numerous life learning skills involved.

17. When they accomplish something. Give them a treat. A treat does not have to be candy or chocolates. You can do other more meaningful stuff. Spending quality time. By saying "Today you and I will go to the library" or we will go play or go to the movie." Something that they will cherish for always. Make this a pattern. They will do well and look forward to one in one time with you.

18. Talk about their friends, invite them, get to know them. Not just talk about their grades and academics. While doing so you are developing a strong bond. They want to hang out with you, they look forward to. And become your good friends. They have great respect and trust towards you. This makes them want to share everything with you. Isn't this what we want from our kids? Otherwise, they will have a fear over you and cannot share anything with you. Which in time might lead to depression. Which is not healthy.

19. Have meals together, whether it be breakfast or dinner. Talk about your day. It's crucial that we focus on this pattern. We are learning so much about our children and vice versa.

20. If someone is having a bad day, talk about your feelings. Talk about emotions and what they do. Practice mindfulness and deep breathing. This is healing. When you are going through a difficult time. Talk share with one another. It's important that we do not keep things bottled up. This leads to unnecessary stress. Share with your friends and families. Everyone goes through this sometime or the other. You are not the only ones.

21. Children thrive on routine. Make reading a big part of your children's day. Talk about the book/ story. Ask questions and hear their answers. This helps them towards comprehension skills and develop their attention span. Tell them Nepali folk tales.

22. Do not overindulge in buying them toys and expensive things. Do not feel pressured in buying them expensive things on demand. Let them know that you are working hard and that you do not have enough money to spend on frivolous things. Instead invest on board games, blocks, puzzles. These activities lasts long and helps with their focus and attention span. Furthermore, they become creative. Make something special on a rainy day. Keep this tradition live. They look forward to. Show them how to write letters. Let them be creative. Its ok to be messy, it's no big deal. You can clean up together. Do not be obsessive in cleaning. They are watching you all the time. They might become obsessive, as well. This is not good. We need to become good role models, they are observing us all the time.

23. Let them follow their passion. Do not be too rigid on their grades. Focus on their strengths first and weaknesses last.

24. A home needs to be a happy peaceful one. We do not want our children to be walking on eggshells. If you are not happy with one another. Do not yell and scream and shout at one another in front of your children. This behavior makes them emotionally very weak. If you need to go someplace for work, do not tell your children months or days ahead. They will become anxious. Also, if you are planning in taking them someplace, say maybe Disney or.... Keep this from them. Children do not understand the broader picture, they will think its tomorrow. And get overly anxious and cannot focus in the present moment.

25. Choices and consequences: Sometimes, if your child is not listening to you, and this is becoming a pattern. You get upset and ask the child to go "upstairs" or give him/her "time out." Well, this does not work. Therefore, give them warning in a soft voice and say "I am really not happy with your behaviour. You need to stop doing this." If they listen to you, say, "Thank You for listening" and walk away. Do not LECTURE them. They will tune you out. If it doesn't work, then warn them by saying "Ok, you are really not listening, therefore, your play computer time will be taken away." Or whatever they might enjoy doing. Be consistent with this method. If you get angry with them, you can say, "I love you but, I am not happy with your behaviour". This will make them feel secured. them, you can say, "I love you but, I am not happy with your behaviour". This will make them feel secured.

26. Mornings should be calm and peaceful. If you are late for work, you try and put that stress on your little one. That is not right. Kids do not like to be rushed out. They will learn to dilly dally. So get up early, do what you need to and wake them up. Let them choose thier outfits the night before. Ask them to pick only two. So the next morning, they need to wear one. If

there is temper tantrum, then say, "sorry you chose those." And make them go in their pajama's. They will be teased and never show this kind of behaviour again.

27. If the child wants to wear her/his favorite shirt or dress all of the time. Then buy another similar one. So it is clean.

28. Be positive, if your child is running in the house or standing on a table or playing ball in the house. You need to explain to them WHY? We do not do this. Rather then saying "NO!"

29. Always, carry an ACTIVITY BAG (with markers coloring books or books or small legos) when you visit someone. So they get busy, and are not bored. This also helps them from not running around wild. And you need to let them know before you enter someones house that the ground rule is not running or jumping.

30. Last but not least: Make bedtime early. YOU are the master, not the children. YOU are the ones setting up ground rules and not your children. Children thrive in routine. Be consistent on this. Try not to have tv sets at home when your children are growing up. Let them not play with your smart phones or ipads. This is not good for their system. Children have a lot of energy, take them outdoors, to the parks, and let them play. This is very healthy for them, they sleep well. When they sleep well, they can focus better at school. And you have time for EACH OTHER:)

*Note: Hope you enjoyed these thoughts of mine. I am not an expert, I just wanted to share my experiences with you. Please use what you think is right.*

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**Bharat Kandel**  
**General Secretary, ANMA**



## अमेरिकामा क्रेडिट किन महत्वपूर्ण छ ?



कपिल अधिकारी

अमेरिकामा बसेर केहि गर्न चाहनु हुन्छ या भनौ सजिलो जीवन यापन गरेर प्रगतिपथमा अगाडी बढ्न चाहनु हुन्छ भने सम्झनुहोस तपाईंले आफ्नो क्रेडिटको जहिले पनि राम्रो ख्याल गर्नु पर्छ । तपाईं संग हातमा लाखौं डलर भएर जति काम गर्न सक्नु हुन्छ त्यसको धेरै गुणा बढि अवसर तपाईंको राम्रो क्रेडिट ले दिन सक्छ । हामीले आफु र आफ्ना सन्ततिहरूलाई असल ज्ञान, शीप र संस्कार सिकाए जस्तै असल क्रेडिट बनाउन सहयोग गर्नु पर्दछ ।

केहि समय अगाडिको यौटा घटना सम्झनुहु, एकजना नेपाली मित्र साथमा चार लाख डलर लिएर यौटा व्यवसाय सुरु गर्ने तयारीमा हुनुहुन्थ्यो । उहाँलाई अपुग एक लाख डलर कर्जा दिनको लागि कुनै बैंक तथा बित्तिय संस्थाहरू तयार थिएनन् ! त्यसको एउटा मात्र कारण थियो वहाको खराब क्रेडिट हिस्ट्री ।

कतिपय महानुभावहरू बिसेषता नव आगन्तुक हरुलाई क्रेडिट के हो र यसले कसरी दैनिक जीवनमा असर गर्दछ भन्ने अन्याय हुन सक्छ । क्रेडिट बारे सामान्य जानकारी दिने उदेश्यले मैले आफ्नो अनुभव यहाहरूको लागि राखे अनुमति चाहन्छु !

### क्रेडिट के हो ?

क्रेडिट एउटा त्यस्तो विश्वास हो जुन तपाईंले विगत र वर्तमानमा गरेका आर्थिक कारोवारहरूको इमान्दारिता बाट निर्धारित हुन्छ ! तपाईं हाम्रो यहि इमान्दारिता लाई विस्वास गरेर भविष्यमा चुक्ता गर्न मिल्ने गरि सम्बन्धित संस्थाहरू बाट वर्तमानमा नै सेवा र सुबिधाहरूको सहूलियत उपयोग गर्ने अवसर प्राप्त हुन्छ ।

क्रेडिट को मापन अंकमा गरिन्छ । न्यूनतम अंक ३०० हो भने अधिकतम अंक ८५० हो । तपाईं हाम्रो क्रेडिट यहि अंक भित्र रहेको हुन्छ !

यसलाई FICO Score पनि भन्ने गरिन्छ । FICO (Fair Isaac Corporation ) को स्थापना सन् १९५६ मा Bill Fair and Earl Isaac बाट भएको हो ।

### क्रेडिटले कस्ता कुराहरूमा असर गर्दछ ?

क्रेडिटले तपाईं हाम्रो दैनिक जीवनमा धेरै असर पारिरहेको हुन्छ । मुख्य रूपमा हामीलाई असर गर्ने भनेको कर्जाको स्वीकृतिमा हो । यसै गरि कर्जामा लाग्ने ब्याजको दर, घर किन्न वा अपार्टमेन्ट भाडामा लिन, गाडी किन्न, धरौटी राख्नु पर्ने बाध्यता, टेलिफोन, बिजुली, इन्सुरेन्स, क्रेडिट कार्ड लिन आदि कुराहरूमा धेरै असर गर्दछ । आज भोलि त धेरै रोजगारदाता हरुले तपाईं हाम्रो क्रेडिट हेरेर मात्र रोजगारी दिने या नदिने भन्ने निर्णय गर्न थालेका छन् ।

### क्रेडिटको बर्गिकरण कसरि हुन्छ ?

FICO ले क्रेडिट स्कोरको आधारमा क्रेडिटको बर्गिकरण यसप्रकारले गरेको छ:

#### Credit Score Category

300- 579	Very Poor
580-669	Fair
670-739	Good
740-799	Very Good
800-850	Exceptional

Very Poor क्रेडिट छ भने कर्जाको सुबिधा प्राप्त नहुने प्राय निश्चित नै हुन्छ ।

### क्रेडिटको निर्धारण के को आधारमा हुन्छ ?

तपाईं हामी मध्ये धेरै लाई जानकारी नहुन सक्छ क्रेडिट घटबढ के को आधारमा हुन्छ ! क्रेडिट घटबढ गराउने आधारहरू यसप्रकार छन्:

#### Factor of Credit Score Scales

Payment History	35%
Amount Owed	30%
Length of Credit History	15%
New Credit	10%

माथिको चार्ट बाट के प्रस्ट हुन्छ भने समयमा विल तिर्नु धेरै महत्त्वपूर्ण छ । हाम्रो क्रेडिटको निर्धारणको ३५% हामीले समयमा तिर्ने विल हरुले गर्दछ । यसै गरि हामीले क्रेडिट कार्ड या लाइन अफ क्रेडिट प्रयोग गरेका छौं भने पुरै लिमिट प्रयोग (Max out ) नगर्नु राम्रो हुन्छ । Max Out गर्दा क्रेडिट स्कोरमा नकारात्मक असर गर्दछ । क्रेडिट स्कोरको ३०% यसले निर्धारण गर्दछ ।

### क्रेडिटको मनिटर कसले गर्छ ?

अमेरिकामा ३ ओटा क्रेडिट एजेन्सी (ब्यूरो) हरुले क्रेडिटको मनिटर गरिरहेका हुन्छन् । कुनै पनि संस्थाहरूले क्रेडिट चेक गर्दा यिनै ब्यूरोहरू मध्ये एक वा दुई ओटा ब्यूरोको रिपोर्टका आधारमा सेवासुबिधा प्रदान गर्ने या नगर्ने भन्ने निर्णय गर्दछन् ।

क्रेडिट ब्यूरो हरू यसप्रकार छन् :

**Equifax**  
**TransUnion**  
**Experian**

### हाम्रो नेगेटिव क्रेडिट रिपोर्ट कति वर्ष सम्महाम्रो क्रेडिट रेकर्डमा रहन्छ ?

Bankruptcy	7-10 Yrs.
Charge-Offs	7 Yrs.
Closed Account	7 Yrs.
Inquiries	2 Yrs.
Late Payment	7 Yrs.
Judgements	7 Yrs.
Tax-Liens	7-15 Yrs.
Collection Accounts	7 Yrs.

हामीले सम्झनै पर्ने कुरा के हो भने राम्रो क्रेडिट बनाउन वर्षौं लाग्न सक्दछ तर क्रेडिट बिगिन धेरै दिन लाग्दैन ।

### क्रेडिट कसरी बनाउने ?

कतिपय नव आगन्तुकहरूको कुनै क्रेडिट हिस्ट्री हुदैन । क्रेडिट हिस्ट्री नहुनेहरू अथवा खराब क्रेडिट हुनेहरूले राम्रो क्रेडिट बनाउनु परेमा यसप्रकार गर्नु पर्ने हुन्छ : कसैसंग अपार्टमेन्ट, लोन, क्रेडिट कार्ड आदिमा Cosigner बस्ने, Secured क्रेडिट कार्ड अपलाई गर्ने आदि गर्न सकिन्छ । तर यसरी cosigner बस्दा धेरै कुरामा विचार पुर्याउनु पर्दछ किनकि First Signer ले क्रेडिटमा वास्ता नगरे cosigner को पनि क्रेडिट झन् खराब हुन जान्छ । लामो अवधिको लोन जस्तो कि घर किन्ने कुराहरूमा cosigner नबस्नु राम्रो हुन्छ । पछि आफुले घर किन्ने बेलामा बढी आर्थिक ब्यए भार देखियर झमेला हुन सक्दछ ।

### क्रेडिट inquiry के हो ? Hard Inquiry वा Soft Inquiry कस्तो अवस्थामा हुन्छ ?

कुनै पनि संस्थाले जव हाम्रो क्रेडिटको पनि आधार मानेर निर्णयमा पुग्ने निधो गर्दछन् तेस अवस्थामा क्रेडिट चेक गर्दछन् । यसलाई क्रेडिट inquiry भन्दछन् । Hard Inquiry ले हाम्रो क्रेडिट को ५ अंक सम्म घटदछ भने soft Inquiry ले क्रेडिट अंकमा असर गर्दैन । Hard Inquiry गर्दा जहिले पनि तपाइले स्वीकृति दिनु पर्छ तर soft inquiry मा तपाईं को स्वीकृतिको आवश्यकता पर्दैन । Mortgage Loan, Student loan, Credit card, Auto loan, Personal/business loan आदि कुराहरू को लागि क्रेडिट चेक गर्दा Hard Inquiry हुन्छ । तर जागिरको लागि background चेक गर्दा, केवल, इन्सुरेन्स, टेलिफोन, आफुले क्रेडिट चेक गर्दा क्रेडिट मा soft in-

quiry हुन्छ । अनावस्यक धेरै पटक क्रेडिट inquiry गराउनु राम्रो मानिदैन ।

आफ्नो क्रेडिट स्कोर सधै उच्च राख्ने हो भने समयमै विल तिर्ने, पुरानो खाताहरू बन्द नगर्ने, क्रेडिट ब्यालेन्स कम राख्ने, अनावस्यक क्रेडिट कार्ड अपलाई नगर्ने, क्रेडिट रिपोर्टमा देखियका गलति रिपोर्ट भए dispute गर्ने आदि गर्नु पर्दछ ।

### कुन web site मा गएर आफ्नो क्रेडिट चेक गर्नु राम्रो हुन्छ ?

क्रेडिट चेक गर्ने धेरै Web site हरू छन् । साबधानी पूर्वक विश्वासिलो site मा जानु पर्दछ । होस् नपुर्याय तपाईं हाम्रो महत्तोपूर्ण निजि सूचनाहरू गलत मान्छेको हातमा जान्छ । निम्न Web site हरू लाई सुरक्षित मानिन्छ :

**AnnualCreditReport.com**

**Transunion.com**  
**Creditkarma.com**

**Experian.com**  
**Credit.com**

**Equifax.com**

माथि उल्लेखित Web site हरू मध्ये प्रतेकबाट बर्सेनि यौटा रिपोर्ट फ्री मा लिन सकिन्छ । आफ्नो बैंक तथा बित्तिय संस्थामा सम्पर्क गर्दा पनि क्रेडिट रिपोर्ट प्राप्त गर्न सकिन्छ । वर्षमा कम्तिमा एकपटक आफ्नो क्रेडिट रिपोर्ट चेक गर्नु बुद्धिमानी मानिन्छ ।

उल्लेखित विषयबस्तु हरूलाई सामान्य र बुझ्ने तरिकाले प्रस्तुत गरेको छु । वृत्तत जानकारीको लागि सम्पर्क गर्न सक्नु हुनेछ । सुझाव, सल्लाह र सम्पर्क को लागि : [kapiladhikari2010@gmail.com](mailto:kapiladhikari2010@gmail.com)

Wishing Association of Nepalese in Mid-west America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Prabha & Gokarna R. Aryal**  
**Munster, IN**

# Mr. Suneel Sah



Dallas, Texas

**Social Leader and Business Entrepreneur  
NRNA - NCC Senior Vice President**

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the grand success of the Nepali National  
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Chicago, Illinois  
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## नपिउने बाचा

अकेला आँसु

धरोधर्म भोलिदेखी ,रक्सी पिउन छोडछु मैले।  
भट्टीसंग बनाएको ,सबै साइनो तोडछु मैले।।

आज एकदिन पिउन देऊ, भोलीदेखी छुदै छुन्ना।  
अब देखी मेरा पाइला, भट्टीतिर मोडनै दिन्न ॥  
सुरा छोडि केवल तिमी, संग दिल जोडछु मैले।  
धरोधर्म भोलिदेखी .....

मैले ठान्थें यसलाई खाछु, यसैले पो खाको रैछ।  
किडनी, मुटु ,कलेजो नि, लान लान लाको रैछ।।  
भोली ब्यानै यसलाई अब, शत्रु घोषित गर्छु मैले।  
धरोधर्म भोलिदेखी.....

योग गुरु ले भनेजस्तै ,लौका को जुस पिउछु बरू।  
रक्सी चुरोट सबै छोडी, तिमरै काखमा आउछु सरू।।  
पिलाउन खोजनेको , बरू साथै छोडछु मैले  
धरोधर्म भोलिदेखी.....



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**Balram & Urmila Panthi**  
**St. Louis , MO**

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**Dilip Yogi**  
**Executive Member, ANMA**

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**Dr. Nanda Joshi**  
**Executive Member, ANMA**

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**Uttam Lamichhane, Ex-President**  
**NRNA America, Texas Chapter**

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**Ram Neupane**  
**Executive Member, ANMA**

# Mr. Ram Chandra Pokharel



- Former Vice-President of NRNA-NCC
- Social Leader from Texas

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**Niraj Thakur**  
**Executive Member, ANMA**

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**Kailash Kayastha**  
**Senior Vice-President, ANMA**

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**Dr. Diwakar Dahal**  
**Acting General Secretary, ANMA**

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**Buna Dahal**  
**Executive Member, ANMA**

## त्यो मोरीले

यादव न्यौपाने



एकान्तमा मलाई हनहनी ज्वरो आउदा,  
मुख सुकेर प्याक प्याक पानी खान मन लाउदा, !  
गिलास भरी पानी बोकी गोजीबाट सिटामोल झिकेकी थिई,  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!

मेरो आँखामा कालो कसिंगर पर्दा,  
आँखाबाट तरतर आँशु झर्दा, !  
आफैले ओढेको चुन्चिको टुप्पोलाई थुकले बाटदै,  
आँखाबाट कसिंगर झिकेकी थिई,  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!

दुनियाले मेरो नामलाई बिगारेर, उपनामले बोलाउदा,  
धुम्दा फिर्दा, यताउता टहलाउदा !  
उसले "हजुर आँफुको" सम्बोधन झिकेकी थिई,  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!

सबैले ओठ नचाएर शब्दले भाषाको काम चलाउदा,  
उसले परेली नचाएर आँखैले बोल्ने चल्ती झिकेकी थिई, !  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!

मिठो-चोखो खाँदा, हारालुस हुनजाँदा,  
बराबरी भाग लगाई, आँफुतिर थोरै कम पारी,  
म तिर थोरै बढी झारी खाने चलन झिकेकी थिई, !  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!  
अशुभ बोल्दा मुखै थुनी चुप्प बनाउने,  
घरी घरी गम्भीर पनि, फ्याट्ट फुट्ट ठट्टा मन पराउने स्वभाव उसले  
झिकेकी थी, !  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!

रामले जस्तै, जन्म दिने आमाले जस्तै,  
मुहार पढी मन बुझ्ने कला उसले झिकेकी थिई, !  
धरोधर्म बुझ्याभए त्यो मोरीले प्रेम गर्न कहाँ सिकेकी थिई !!

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**Binod Tripaty**  
Member, ANA

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**Dr. Prem Adhikari**  
Advisor, ANA America

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**Nita Khatiwada**  
Executive Member, ANMA

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**Keshav Khanal**  
Executive Member, ANMA

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**Dhruba Bhattarai**  
Executive Member, ANMA



# Mr. Dev Bastola

## Successful **Nepali Businessman**

**Quad Cities, Iowa**  
**Phone # 5636503507**



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## 5 Reasons Young Families Need Life Insurance Now



by Suresh Basyal

When it comes to money matters, young parents who are just starting out have a lot to juggle: They may be paying off student debt and saving for their first home, all while raising kids. But it's also a time when young families may be the most financially vulnerable should the unexpected strike. To ensure that they have financial protection when they need it most, purchasing a life insurance policy should be top of mind.

### Here are five reasons why young families need life insurance:

**1. You just never know.** While it's not the most pleasant thing to ponder, an emergency situation could quickly put your family's finances under water. In fact, nearly half of Americans don't have enough savings to take care of a \$400 emergency response. And when you're starting out, not having protection in case something happens to a family's breadwinner is even scarier.

**2. The earlier you opt in, the more affordable it is.** Because age is one of the factors that affects the cost of your premium, the younger you are when you purchase a policy, the less you'll be paying each year.<sup>2</sup>

**3. It's not as expensive as you think.** If you're on a budget and are convinced you can't afford life insurance, consider term life insurance. It guarantees protection for a set amount of time. Since it's not designed to last a lifetime, the annual premiums are considerably lower.<sup>3</sup>

**4. It lets you concentrate on other goals.** Once you have the peace of mind and financial protection that life insurance grants you, you may feel secure enough to fund long-term goals, like buying a home, saving for your nest egg, or going back to school.

**5. You can always upgrade at a later date.** Don't let the fear of making the wrong decision deter you from purchasing a policy now. The policy you purchase today isn't intended to be set in stone. As your family's needs change, you have the option of making upgrades.

We know it's not easy for young families to make their life insurance needs a priority, given all their competing financial obligations. However, life insurance is a vehicle for protection that is not only affordable, but can also help families save money and can ultimately propel them toward reaching both their immediate and far-reaching goals.

**This educational, third-party article is provided as a courtesy by Suresh Basyal, Agent, (CA Ins. Lic. #OI22834) New York Life Insurance Company. To learn more about the information or topics discussed, please contact Suresh Basyal at Cell: 309.750.2383, email: [sbasval@ft.newyorklife.com](mailto:sbasval@ft.newyorklife.com), [www.SureshBasyal.com](http://www.SureshBasyal.com)**

<sup>1</sup>Neal Gabler, "The Secret Shame of Middle-Class Americans," *The Atlantic*, May 2016. <https://www.theatlantic.com/magazine/archive/2016/05/my-secret-shame/476415/>

<sup>2</sup>Tara Siegel Bernard, "Life Insurance Buyer's Guide: What Type, How Much and Who Will Benefit," *The New York Times*, Feb. 19, 2016. [https://www.nytimes.com/2016/02/20/your-money/life-insurance-buyers-guide-what-type-how-much-and-who-will-benefit.html?\\_r=0](https://www.nytimes.com/2016/02/20/your-money/life-insurance-buyers-guide-what-type-how-much-and-who-will-benefit.html?_r=0)

<sup>3</sup>"Parents' Guide to Every Kind of Insurance," *Consumer Reports*, February 2013. <http://www.consumerreports.org/cro/2013/02/parent-s-guide-to-every-kind-of-insurance/index.htm>

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**Gokarna Dahal, Social Worker  
Fort Worth, Texas**

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**Chandramani Pande, Social Worker  
Irving, Texas**

# Mr. Khagendra GC

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*A Full Service Law Firm For All Immigration Needs.*

- **Former President of the Non-Resident Nepali Association National Coordination Council (NRN NCC USA)**
- **President Chhetry & Associates, P.C.**



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# How Tax Cuts and Jobs Act 2017 is affecting your tax return for 2018



by Jitendra Rana, Enrolled Agent, [info@jjtax.net](mailto:info@jjtax.net)

On December 22, 2017, house of representatives and senate conference committee has brought the Tax Cuts and Jobs Act which will reform both individual and corporate income taxes. This act had reduced tax rates on wages, investment, business income and lowered corporate tax rate to 21 percent.

- Current seven tax brackets are same, but tax rate has been lowered, maximum tax rate 39.6% has been reduced to 37%

Married Filing Jointly Tax Rates for Income Ranges			
Current Law		Tax Cuts and Jobs Act	
10%	\$0-\$19,050	10%	\$0-\$19,050
15%	\$19,050-\$77,400	12%	\$19,050-\$77,400
25%	\$77,400-\$156,150	22%	\$77,400-\$165,000
28%	\$156,150-\$237,950	24%	\$165,000-\$315,000
33%	\$237,950-\$424,950	32%	\$315,000-\$400,000
35%	\$424,950-\$480,050	35%	\$400,000-\$600,000
39.60%	\$480,050+	37%	\$600,000+

- Standard deductions have been almost doubled but personal exemption is eliminated

Current Law			Tax Cuts and Jobs Act	
Filing statuses	Standard Deduction	Personal Exemptions	Standard Deduction	Personal Exemptions
Single	\$ 6500	\$ 4050 each individual	\$ 12000	\$ 0
Married Filing Jointly	\$ 13000	\$ 4050 each individual	\$ 24000	\$ 0
Married Filing Separately	\$ 6500	\$ 4050 each individual	\$ 12000	\$ 0
Head of Household	\$ 9550	\$ 4050 each individual	\$ 18000	\$ 0
Qualifying Widower with Dependent Child	\$ 13000	\$ 4050 each individual	\$ 24000	\$ 0

- Child tax credit has been doubled from \$1000 to \$2000 and phaseout limit is increased from \$110000 to \$ 400000 for married couples where first \$ 1400 will be refundable
- Health Insurance Individual mandate known as shared responsibility penalty is reduced to \$0 beginning January 1, 2019
- Alternative minimum tax exemption is raised from \$86200 to \$109400 for married couples and phaseout threshold is increased to \$1 million
- You can give gift to one or many individuals or receive gift up to \$ 15000.00 without paying gift tax
- These majority of individual income tax changes would be temporary and will expire on December 31, 2025
- Estate and gift tax exemption has been doubled from \$5.6 million to \$11.2 million for married couples

**\*Sources: [irs.gov](http://irs.gov), IRS publications, [taxfoundation.org](http://taxfoundation.org) and various websites**

## Congratulations to Former ANMA Secretary Mrs. Sarala Pandey - Winner of Smart Women Awards 2018 Trailblazer

Smart Business Magazine online publication of Smart Business Network Inc., Ohio has recently announced winner of smart women Awards 2018. Mrs. Sarala Pandey, former ANMA secretary is one of the winner in that list in Trailblazer category. Let's congratulate Mrs. Sarala Pandey in her great achievement. She is currently working as Quality Assurance Manager, Digital Channels at The Huntington National Bank. The Smart Business Magazine summarizes her hard work and achievement as mentioned below.



Born and raised in Nepal, Sarala Pandey's brothers went to boarding school and U.S. universities. She and her sister had very limited exposure to English. After complaining, one brother offered to help her financially, while another would host her in the U.S.

At age 20, Pandey had six months to learn English and pass her TOEFL test. She took English as a second language at Tallahassee Community College, while earning a barber license.

When her fiancé got into Capital University Law School in 1991, she moved and started at Columbus State Community College. Pandey recorded every lecture, so she could listen back to try to understand it.

She transferred to Capital University and found scholarships to pursue a computer science degree. When her funds ran out with two semesters left, Pandey appealed to then-president Josiah Blackmore. He created a work opportunity and let her pay on a monthly basis.

Pandey's self-discipline, work ethic and dedication continue to serve her well. She has worked for the last seven years at Huntington, taking a lead role in creating and implementing digital strategies for five applications and managing a team of 30.

Since her success stemmed from the support of her brothers, husband, Blackmore and mentors at work, Pandey gives back by volunteering in Columbus' Bhutanese refugee community.

*The article is based on the news published on <http://www.sbsonline.com/article/smart-women-awards-2018/>*



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**Yamuna Bhattarai**  
**ONF America, Vice President**



Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASEA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL Aug 31—Sep 2, 2018

**Benimadhav Kandel**  
**Secretary, ANMA**

# My Experience with Nepali Conventions

by Pranshu Aryal



Since my family and many of our family friends are part of the ANMA/NASeA community, they always talk about these organizations and the annual conventions. I personally attended a couple of these in the past. I would like to express my appreciation to the organizers hosting such a wonderful event on an annual basis. I would like to encourage everyone to attend upcoming as well as future conventions. Let me briefly talk about the last three conventions that I have attended.

## **ANMA/NASeA Joint Convention – Lexington, KY (2010)**

During the 2010 convention I was only 5 years old. I had gone to Lexington only with my dad because my sister was just 3 months old. Since I was only 5 most of the excitement was the drive to Lexington and playing in the hotel room. During the convention, I remember playing many games specifically for all the kids, like musical chairs, hot potato, and having many relay races. This shows that even younger kids can have fun and can take part in Nepali events. While in Kentucky we didn't go anywhere else besides the area where the convention was held, so it was a trip to go to the convention and come back home instead of going to visit other places.

## **ANMA/NASeA Joint Convention – Indianapolis, IN (2012)**

Since this convention was held in my home state, Indiana, in the beautiful city of Indianapolis, I was very excited to go. This time I went with my entire family. I remember having so much fun jumping around in the hotel room with my little sister and meeting many friends of my parents and their kids. We had also gone with a couple of our close family friends from Munster. Since I live in Indiana it wasn't much of a visiting experience as I have been to Indianapolis several times before. The convention itself was so much fun as everyone was dancing and singing and chatting with their friends. There were several games for kids. I remember meeting celebrities from Nepal who performed during the concert. I watched the cultural program which was very exciting, this motivated me to go on stage and join them. There were many other events during the convention which provided forum for all. I remember going to the sports venue to watch different games, attending youth forum, women forum, literature forum etc. Literally nobody was left behind. Everybody from infants to elderly people were warmly welcomed!!

## **ANMA/NASeA Joint Convention – St. Louis, MO (2016)**

Among all the conventions that I have been to, this one was my favorite. The convention was held in the beautiful city of St. Louis, MO. We went in a group of 17 people from Munster, IN. We went in five different cars but all left Munster together. We were all communicating via text messages. We were telling each other which exit to take for lunch, where to take a break, and where everyone was. From the very beginning I knew that the next 3 days were going to be filled with lots of fun and excitement.

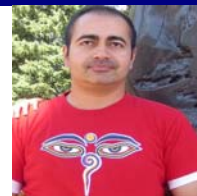
During that convention it was coincidentally Teej. My mom and all the women in our Nepali group wore beautiful red saris and potes. During that convention I had participated in the writing contest. It was very exciting to go on stage and have everybody watching you and clapping for you. While we were in St. Louis we all decided to go to the Arch and go on a boat tour on the Mississippi river. I am very grateful to have been able to go to the convention in St. Louis, because without the convention I would have probably not yet gone to St. Louis and I would have probably never gotten to tour the city.

I came to know that in addition to ANMA and NASeA, this year Association of Nepal in the Americas (ANA) is joining the convention. I wish for Chicago to be even more exciting and interesting than all the other conventions. It will be very interesting to see what a convention will be like in a place I go too often.

At all the conventions I see many of the same people who came in the previous conventions and some new people too. I have met so many new people and made many friends that I would have never met if they didn't come to the conventions, or if I hadn't gone to these conventions. I really appreciate the effort of these organizations to bring Nepalese people residing in different states together. I hope that as I get older I will continue to go to these conventions and visit many more interesting places and meet new people and older friends. I wish to be an active member and well-wisher of Nepali organizations.



## Strengthening society through information sharing



by Suman Lohani

We hold a lot of information in our little mind so much that we may not even realize. Things we saw, did and heard when we were growing up back in our childhood home (food recipe, knowledge of religion, cultural things, about your hometown) and of things we encountered as we immigrated to our कर्म भूमि: our experiences, knowledge about how the system at the new place works etc. For example; job opportunity, Volunteer opportunity like ‘Where did your high School son volunteer to meet requirements for College Application?’.

Each of these topics can be of interest to others in the same situation, parents of High School children, a retiree who wants to share his knowledge with others in Society. This information you share can be invaluable to the audience from our society, if the poster could categorize this information according to Topic such as Veg. Food, non-veg Food, Parents and according to country: Nepal, India, Canada, US.

It is important specially for us immigrants to have an online platform as we are scattered through out the World, across many countries. This platform could connect people who could use this knowledge and the seniors and influencers who have this knowledge.

There are many issues in Society like deficiencies in service provision to migrants and the shortage of housing, need of a local cultural association or organizing events such as cultural program which need to be discussed or announced to the Society. People can adapt to the new society more effectively if their cultural needs were recognized rather than denied.

### Cultural Diversity

While assimilation (fitting) into the Western Society is important for survival, monoculture for all people is nothing to aspire for. Multiculturalism where the people from many Nations can foster their own culture is best so that the immigrants can contribute to the diversity of their new homeland. Each Nation has own culture, customs, beliefs, tra-

ditions, and world views. Cultural practices, symbols, and belief systems are influenced by each Nation’s unique experience on the land and with each other, and are in many cases connected with Spirituality.

### Bringing People together

We bring many benefits of our knowledge to the Society if we can put out this knowledge to those who can use it. Today inspireTrend.com is the only online platform which offers such a unifying multi-cultural experience. The website enables the poster to share his message to a particular audience such as a Nepali in USA using Nepali language or to a Nepali in Australia using English language. The poster can also post to a global audience reaching World Wide. In the same website, Organizations can post their events in the ‘events’ section informing all interested people from the city or country.

There is greater power in unity and Unity is fostered when people come together on shared cause, they talk to each other and work for a common goal. It needs a group effort to make this kind of platform a success and all people including Nepali diaspora are requested to join hands, all hands on deck.

### About the Author:

Suman Lohani is the founder of inspireTrend.com, a World wide Community Social Media Website. His mission is to enable people to celebrate their multicultural heritage through his flagship website. He moved to US in 2001 for graduate studies before settling down in the beautiful British Columbia.

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**Bhim Karki, Unique Mart  
Irving, Texas**

## शुभकामना संदेश

विजय सिंह



बाहुन ,क्षेत्री ,राई लिम्बु वा होस् जात नेवार  
चौधरी ,यादव ,साहु ,मण्डल वा होस् दलित चमार  
सबै मिलेर बनेछ हाम्रो समस्त नेपाल परिवार  
सबैलाई हुनु पर्छ बराबरी को अधिकार  
तर ,कोहि दलित ,कोहि पिछरी,कसै लाई छ सम्पूर्ण  
सरकार  
मधेशी संग राख्दैन देश संचालन मा कुनै सरोकार  
आवाज उठायो त् गोलि हान्यो ,गर्यो उसलाई तिरस्कार  
अरे ,नासमझ ,यो त् समझ -उ चाहन्छ आफ्नो घर मा  
सबका प्यार  
विकाश को नाऊ मा नेता जन्म्यो ,गर्छ राजनीति व्यापार  
हामीलाई चाहियो यस्तो नेता ,जसले गरोस देश को  
उपकार  
देश झैँ विदेश मा पनि गर्छौं हामी मारा-मार  
छार विभेद ,आउ हामी मनाउ दर्शै ,छठ,र लोसार  
हामी भएछौ नेपाली मुलका ,बचाऊ पुर्खा को संस्कार  
बलियो बनाऊ आफ्नो समाज लाई,जसले होस् जग मा  
उजियार



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**Karishma Shrestha & Sushil R Sharma**  
Lexinton, Kentucky

Wishing Association of Nepalese in  
Midwest America (ANMA),  
Nepalese Association in Southeast  
America (NASeA) and Association  
of Nepalis in the Americas (ANA) a  
grand success for the Nepali  
National Convention in  
Chicago, IL, Aug 31—Sep 2, 2018

**Srawan Shrestha**  
Chicago, Illinois

Wishing Association of Nepalese in  
Midwest America (ANMA), Nepa-  
lese Association in Southeast Ameri-  
ca (NASeA) and Association of  
Nepalis in the Americas (ANA) a  
grand success for the Nepali  
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Chicago, IL, Aug 31—Sep 2, 2018

**Uday Maharjan**  
Chicago, Illinois

Wishing Association of Nepalese in Midwest  
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of Nepalis in the Americas (ANA) a grand  
success for the Nepali National Convention in  
Chicago, IL, Aug 31—Sep 2, 2018

**Min Darlami**  
Chicago, Illinois

## छात्रामैत्री शौचालय निर्माणको कथा



दीपक बस्याल

‘एक थुकी सुकी, सय थुकी नदी’  
‘थोपा थोपा मिलेर समुन्द्र बन्छ’,  
‘छिटो पुगु छ भने एकलै जाऊ, टाढा पुगु छ भने समुहमा जाऊ’

बेलामौकामा सुनिने यि नेपाली भाषाका उखानहरुले समुहमा शक्ति हुन्छ भन्ने कुराको संदेश दिएका छन्। यो छोटो आलेखमा पनि यहि समुहको शक्तिको रूपमा हालसालै नवलपरासी, नेपालको एउटा पिछडिएका वर्गका छात्राहरु अध्ययन गर्ने सरकारी बिद्यालयमा स्थापित छात्रामैत्री शौचालय निर्माणको कथा सुनाउन प्रयास गरिएको छ। आशा छ, यो सत्प्रयासको कथाले अरु धेरै मनहरु लाई समाजसेवाको भावना निर्माण गर्न र यस्ता योजना कसरी सफल पार्न सकिदो रहेछ भन्ने जानकारी दिनेछ।

अनुसन्धान भन्छ: रजस्वला हुँदा अधिकांश ग्रामिण भेगका छात्रा स्कूल जादैनन्। कारण प्रस्ट छ। नेपालका अधिकांस सामुदायिक बिद्यालयका शौचालय छात्रा मैत्री छैनन्। ति शौचालयमा पानी र सरसफाईको पर्याप्त ब्यबस्था छैन। स्कूल नगएपछि त्यसको अल्पकालीन र दिर्घकालिन असर के होला भनेर पनि अनुमान गरिरहन परेन। गाउँका



बिद्यालयबाट स्कूल सफल हुने छात्राहरुको तथ्याङ्क पनि त्यति उत्साहजनक छैन।

यस्तै यस्तै तथ्याङ्क सुनेका हाल सिकागो क्राउन पोइन्टमा बसोबास गर्ने तेह्रथुमका इन्जिनियर ओम दाहाल नेपालको यस्तै कुनै एक सरकारी बिद्यालयमा एउटा छात्रामैत्री शौचालय निर्माण गर्न चाहन्थे। त्यसो त कहाँ कहिले कसरि

गर्ने भन्ने कुरा प्रति भन्ने अनभिज्ञ थिए दाहाल। कम्तिमा शुरु गरेपछि निर्माण गर्न सकिन्छ भन्ने अटोट भएका दाहाल सँग एउटा अस्त्र थियो, जुन अस्त्रको प्रयोग गरेपछि सफलताको नजिकै पुगिन्छ भन्ने उनलाई राम्रो थाहा थियो। र त्यो अस्त्र थियो: म्याराथन धावन। त्यसो त दाहालले अधिल्लो बर्ष पनि तेह्रथुमको एउटा समुदायलाइ एम्बुलेन्स किन्न सहयोग गरेका थिए यसै अस्त्रको प्रयोग मार्फत।

जगदीश घिमिरे को ‘अन्तर्मनको यात्रा’ पुस्तकमा लेखिएको एउटा सिलोक यस्तो छ:

प्रश्न दसोटा छन् जस्को जवाफ चाहिन्छ कार्यमा  
के किन कस्ले गर्ने, कहिले कसरि कहाँ ।

कस कसको हितको निम्ति कसकसको लागतमा  
कसो गर्दा दिगो हुन्छ धानिन्छ स्व-तागतमा ॥

सिलोकको पछिल्लो दुई पंक्तिमा रहेको चार प्रश्नको उत्तर राम्रोसंग जानेका दाहाललाइ दोश्रो पङ्क्तिमा रहेका चार प्रश्नको उत्तर चाहिएको थियो। ‘कस्ले गर्ने, कहिले कसरि कहाँ’ को उत्तर खोज्न धेरै मित्रहरु सङ्ग सम्पर्क गर्दा हाल विस्कन्सन बस्ने नवलपरासीका स्थानीय पंक्तिकारले हाल मध्यबिन्दु १२ नवलपरासीमा रहेको यादव माविका शिक्षक जीवन पोख्रेल सँग सम्पर्क गराइदिए। पंक्तिकारले उक्त स्कूलको गत बर्ष मात्रै स्थलगत भ्रमण गरेकोले पनि वास्तविक बस्तुस्थितिको जानकारी दाहाललाई मिल्यो। उनै शिक्षक पोख्रेल र पंक्तिकार सँग भएको दर्जनौ पटकको त्रिपक्षीय म्यासेन्जर बार्ताले बाँकि प्रश्नको पनि उत्तर पनि भेटे जस्तो लाग्यो दाहाललाई। अनि सुरु भयो सत्कर्मको यात्रा।

यता सिकागो म्याराथन लाई छात्रामैत्री शौचालय निर्माणको लागि अचुक अस्त्र बनाई २०७४ असौजमा





म्याराथुनमा भाग लिदै गर्दा दाहालले १६० जना मनकारी दाताहरूबाट करीब ६ लाख नेपाली रुपैया संकलन गर्न सफल भए भने उता परोपकारी कर्मलाई आफ्नो जीवनको एक मन्त्र बनाएका शिक्षक पोख्रेल पनि दाताहरूबाट संकलित रकम आफ्नो विद्यालयको चौतर्फी हितमा लगाउने काममा अनुभवी नै थिए । २०७४ श्रावणमा प्रारम्भ गरिएको उक्त सत्कर्मको त्रिपक्षीय अभियानले भाद्र देखि विद्यालयको तर्फबाट गरिनु पर्ने औपचारिकता लगायत प्रस्तावित शौचालयको नक्सा निर्माण,लागत अनुमान लगायतको प्रक्रिया पुरा भयो। मंसिरको अन्त्यसम्म निर्माण पूर्वको सबै तयारी सम्पन्न भई पौष १८ गतेबाट औपचारिक सुरुवात गरिएको उक्त शौचालय निर्माण कार्य २०७४ चैत्रसम्म रंगरोगन बाहेक सबै सम्पन्न गरियो। रंगरोगन सहित पानीको पर्याप्त व्यवस्था गरि शौचालय २०७५ जेठ पहिलो साताबाट संचालनमा आईसकेको छ।

करिब १० महिनाको मिहिनेत पछि एउटा सपना विपना भएर उभियो यादव माविको प्राङ्गणमा। पाँच कोठे शौचालयमा एउटा कोमोट र अरु प्यान वाला ट्वाइलेट राखिएको छ। प्याडको विस्थापन गर्नको लागि गोप्य स्थानहरु पनि बनाइएको छ। पानीको राम्रो व्यवस्था गरिएको छ। बेलाबेलामा शौचालयको सरसफाईको लागि एउटा अक्षय कोष निर्माण गरेर त्यहि बाट आउने रकमलाई पूर्णरूपमा शौचालय सरसफाईमा लगाउने निर्णय गरिएको छ। एउटा सपना विपना भएको छ। धेरै दाताहरुको चाहना आज वास्तविकता बनेर ठडिएको छ। विद्यालय परिवार खुसि छ। करिब २३४ छात्राहरु आज लाभान्वित भएका छन्। ओम दाहालको छात्रा शिक्षाको उत्थानमा काम गर्ने एउटा सपना साकार भएको छ। परोपकारी जीवन पोख्रेल जस्ता शिक्षकहरु गाउँमा आदर्श बनेका छन्। जसलाई केहि लेख्न पर्दा मरे जस्तो हुन्छ उस्तै आज आफुलाई पडित्तकार भनेर चिनाउन पाएको छ त्यसैले सबै भन्दा बढि खुसि कसैलाई छ भने त्यो छ यो लेखको लेखकलाई। त्यसो त ओम दाहाल र जीवन पोख्रेलको सम्पर्क सेतुको रुपमा पनि लेखकलाई खुसि हुने अधिकार सुरक्षित छदछ।

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Dr. Tulsi Dharel**  
Vice President, ANA

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Pradip Timsina, Secretary**  
ONF America, Central Committee

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Kamal Ojha, Social Worker**  
Eules, Texas

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Dr. Manoj Jha**  
Executive Member, NASeA

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Dr. Thakur B. Karki**  
Executive Member, NASeA



*Best Wishes to ANMA, NAsEA,  
& ANA for the grand success of  
the Nepali National  
Convention 2018*

Chicago, Illinois  
August 31– September 2, 2018

## नेपथ्यका चित्कारहरू



### उर्मिला निर्दोषी

आखाँहरूका ती सुन्दर फाटहरूमा  
हरेक विहान ढकमक्क राता गुराँसहरू फूलाउने बाचाँ गरीए  
दीलका पाखाँहरूमा ढपक्कै विश्वासका  
सुकीला पछ्यौरीहरूले ढाक्रे आशाहरू देखाइए।

ठूलो अपशोच त्यो हुन सकेन् !

लापरवाहीले थिचीएका आशाहरू  
रद्दीका टोकरीहरूमा खाँद लाग्दै गए।  
आश्वासनका ठूला खडेरीहरूमा  
देखावटीका रोपाईहरू गए।

धान फल्नुको त कुरै जावस!  
कहिल्यै बिरुवाहरूले जमराहरू पनि हालेनन्।  
दृष्टिपात हुदाँ हुदै, विऊहरू विलीन भए।

पवित्र सँकृती र सव्यताको हाट बजारहरू लागे।  
होलसेलका माइकलहरू सधै तछ्छाड मछ्छाड गरी  
मूल्य तोक्ने र कीनवेचमै मस्त रहे।  
दूधजस्ता झरनाहरू सधै कहालीएर रूम बाध्य भए।  
पर्वत र शीखरहरू अमुक बनी भीत्रै कापीरहे।

व्यस्तताको यो आहतले  
नियमीता लियो, एउटा हैन, केही दशक पार गर्यो !  
एक एक गरी देशका खम्बाहरू गुमायो।  
स्वदेशको ऋम , परदेश भूमिमा पोख्र बाध्य भए।

खबर पढेर आज छातीहरू चिरीन्छन्।  
नयनहरू सावन् बेकार कोलाहल गर्छन्।  
आफ्नो र परिवारको जिन-तीन पेट भर्ने बाध्यता  
अनि सुकिलो गुन्यु र कछाडले शरीर ढाक्रे रहर  
बाल-बच्चाका आँठहरूमा मुस्कान फर्काउने बाचा बाँध्दै  
एक एक गरी मनका हिसाब मिलाउँदै ,  
गुन्टा बोकेर देशभक्तहरू त्रिभूवन विमास्थलबाट  
आ- आफ्नो गुमनाम गन्तव्य तार्क बाध्य भए रे।

खाडी देशहरूका ती ताता रापहरूमा  
देशभक्तहरूका गन्तव्य छोटो समयमै रापीन थाल्छन्।  
दृढता एकादेशका काहानी हुन जान्छन् ।  
प्रयत्नहरू घाइते हुन्छन्।  
प्रयणहरू सँकाउछन्।  
बाध्यतामा शहनुपर्ने “बर्बता” माथी  
परेलीहरू केवल सावनको रितमा  
हस्ताक्षर गर्छन् ।  
मनहरू अनीद रात बनेर नेपथ्यबाट चित्कार्छन्।

रीमीट्रान्स !! अनि लाश”!!  
रीमीट्रान्स !! अनि लाश”!!

उफ्र ! अपसोच!  
“अभाव”!, साधन स्रोतको हुदै होईन।  
परिचालन र कार्यान्वयनको “त्रुटि” हो ।  
“कमजोरी !” , सबल नेतृत्वको हो!  
“दोष”! लालची सँस्कारको हो।

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success for the Nepali National Convention in  
Chicago, IL, Aug 31—Sep 2, 2018

**Sarada Thapa**  
**Former President & Trustees Advisor, ANMA**





## डिजिटल जमाना

जेराणा, सिकागो



भालेको डाक संगै होईन, उठाउँछ आजकल अलार्म र मोबाइलले अरुलाई के चासो होला, तपाईंको दिमागमा के छ' रे फेसबुकले बिहानभरि मोबाइल खेलायो, बस कतिबेला आउँछ भन्दिन्छ एपले ईलेभेटर देखि बस सम्म हात हातमा मोबाइल, के बोल्नु र एकलैले

काममा गयो कम्प्युटरको पर्दा दिनभरि हेर्यो, आँखालाई सास्ती जता हेर्यो ठुला इलेक्ट्रोनिक साइन बोर्ड, फर्कदा मोबाइल साथी बाबा होमवोर्क रे, घरमा छोरा छोरीले आइप्याड तेसाउँछन माथि चिया चमेना माइक्रोवेभमै बन्छ, मोबाइल हेर्दै ल्याउंछिन जीवनसाथी

१, २ जानाको फोन उठायो, फेरि कम्प्युटरमै हुन्छ काम ईमेल हेर्दै प्रिन्ट गर्दा, पेपर दोब्रिन्छ, प्रिन्टर भयो जाम केटा केटी भन्छन, बाबा आज संगै खेलम न प्लेस्टेशन श्रीमती भन्छिन, नेपाली युट्युब हेरम न अनि भात खाम

साथीहरु भन्छन बारमा जाम र ठुलो टिभीमा गेम हेरम तातो चिसो सिनित्त पारि, आइम्याक्समा श्रीडी मुभी हेरम घर परिवार, साथीभाई, चौतारो, मैदान केहि पनि रहेनन् हैन यो बच्चा पाउने र हेर्ने पनि डिजिटललाई जिम्मा लाम

आफ्नै बच्चा हो कि होइन डीनए परिक्षण गर्ने रे छोरा छोरी के पाउने, अल्ट्रासाउण्ड, भिडियो एक्सरे शरीर भित्रै केहि छ कि, फुलस्क्रीन स्क्यानिङ्ग पर्ने रे उ. कोरियामा बटन थिच्दा अमेरिका धरापमा पर्ने रे

मान्छे उड्ने जमाना आछ, जे सोचेनी साकार हुन्छ सपना के देख्नु, अटो पाइलट त् अहिले कार हुन्छ चन्द्रमा जानेकी मंगल ग्रह, लाइनमा बस्न थाले हुन्छ अनलाइनमै हो यो लेखेको, कापी कलम त् फाले हुन्छ

युगको उपलब्धि, क्या जमाना छ, खाना खाने नेपालमा खाजा हावामा, सुत्ने बोर्डिङ्ग जेटमा, ट्वाइलेट गर्ने जापानमा कहाँ जाने, के खाने उबर छिनमै वातमा, डेलीभरि हातमा धेरै के भनम फोटो भिडिओलाई, क्यामरा तपाईंको हातमा

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**INLS , Dallas Chapter**

## Mr. Kiran Basnet



- President of Quad Cities Nepalese Society
- Entrepreneur & Social Leader
- Board Member of NRNA NCC Illinois chapter

*Best wishes to ANMA, NAsEA & ANA*

*for the grand success of the*

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*Aug. 31 – Sept. 2, 2018*

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**Shyam Basnet**  
**Social Leader and ANMA**  
**Exe. Member**



## अमेरिकामा एउटै बलियो नेपाली संस्थाको खाँचो छ: डा. खतिवडा

नेपाली नेसनल कन्भेन्सन २०१८ अमेरिकाको सिकागोमा हुन गइरहेको परिपेक्षमा नेपालीज इन मिडवेस्ट अमेरिका (एन्मा) को विगत बर्तमान र भविष्यको बारेमा एन्मामा लामो समयदेखि आबद्ध डा. सोहन खतिवडा संग सम्पादक मण्डलका गोकर्ण अर्याल, ओम दाहाल र दीपक बस्यालले गरेको अन्तरंग कुराकानीको सक्षिप्त सम्पादित अंश:

### एन्मामा कहिलेदेखि आबद्ध हुनुहुन्छ?

म यस संस्थाको संस्थापक सदस्य नभएपनि यस संस्थालाई करिब करिब स्थापनाकाल देखि नै जानेको छु। विगतमा यो संस्थाको कार्यकारिणी सदस्य, कोषाध्यक्ष हुँदै उपसभापतिको रूपमा सेवा निर्वाह गरेको थिए र हाल पाँच सदस्यीय बोर्ड अफ ट्रस्टीजको सदस्यको रूपमा रहेको छु।



### सिकागो कन्भेन्सनको बारेमा केहि भन्नु हुन्छ कि?

एन्मा स्थापनाको एक दशक पछि डा. प्रल्हाद पन्त सभापति (१९९०-१९९२) हुँदा हरेक पाँच पाँच वर्षमा नेसनल कन्भेन्सन गर्ने भन्ने निर्णय भएको थियो। सन् १९९१ र १९९६ मा वासिंगटन डी सी मा नेसनल कन्भेन्सन भएका पनि हुन्। तर पछि आएर एन्मा र नेप्लिज एसोसिएसन अफ साउथ इस्ट अमेरिका (नासिया) को जोइन्ट कन्भेन्सन हुन थाले पछि त्यो कुरा हटेर गयो। अहिले एसोसियसन अफ नेपालिज इन अमेरिकाज (एएनए) पनि यो कन्भेन्सनमा आएको छ र यो मलाई राम्रो लागेको छ। १९८७ देखि अहिले सम्म भएका दुईवटा बाहेक सबै कन्भेन्सनमा सहभागी भएको छु। यो कन्भेन्सनमा हुने पारिवारिक भेटघाट, सास्कृतिक कार्यक्रमहरू, साहित्यिक कार्यक्रमहरू, अमेरिकी नेपालीहरूले भोग्ने घरेलु समस्याहरू बारे बौद्धिक बहसले सहभागी सानाठुला सबैलाई आफ्नो मौलिक पहिचानको आभास दिएको छ। यस मानेमा यो कन्भेन्सनको भूमिका अतुलनिय छ।

संस्था स्थापनाको चार दशक हुँदै गर्दा संस्थाले कति उद्देश्य प्राप्त गर्न सक्थ्यो जस्तो लाग्छ।

खासमा भन्ने हो भने यो संस्था नेपाल र नेपालीको सामुदायिक पहिचानको निरन्तरता दिनको लागि जन्म भएको हो र आज पनि त्यो क्रमले निरन्तरता पाई नै राखेको छ। अबका दिनमा पनि यहि रूपमा निरन्तर अघि बढ्ने छ भन्ने कुरामा मलाई विश्वास छ।

### नेपालमा कतिको सहयोग र सहकार्य गर्न सकिएको छ?

नेपालमा आवश्यक परेको बेला यो संस्था मार्फत पटक पटक सहयोग र सहकार्य गर्न सकिएको कुरा गर्ब लागेको छ। आशा छ यो क्रमले पनि निरन्तरता पाउनेछ।

### तपाईंले चाहेको तर संस्थाले गर्न नसकेको कुनै काम पनि छन् कि?

मेरो इच्छा त यो हो कि मेरै जीवनकालमा सबै अमेरिका बस्ने नेपालीहरूलाई समेट्ने गरेर एउटा मात्र बलियो संस्था बनोस ताकि अहिलेका अरु संस्थाहरूको जरुरी नै नपरोस्। यस बिसयमा हाम्रा धेरै समकक्षि को सोच एकै हो। एउटा मात्र संस्था बनाएर स्टेटहरूमा यसै संस्थाको फैलावट भएको हेर्ने रहर पुरा हुन सकेको छैन। २०१८ को कन्भेन्सन यो पहलतिर अग्रसर भए जस्तो लागेको छ। आशा छ यो कन्भेन्सनले यो कुरामा फलदायी छलफल चलाउनेछ।

### मान्छे संस्थामा किन आउछन् र किन आउनुपर्छ?

मान्छे संस्थामा आबद्ध हुने भनेको पहिचानको लागि हो, त्यसकै लागि नै मान्छे संस्थामा आउनुपर्छ भने मलाई लाग्दछ। एन्माको उद्देश्य पनि नेपाली पहिचानको प्रबधन गर्नुनै हो। एन्माको अर्को उद्देश्य भनेको हाम्रा सन्ततीले पनि नेपाली पहिचानलाई चिनुन् र निरन्तरता दिउन् भन्ने हो। यी उद्देश्यहरू संघसंस्थामा आबद्ध भएर र यस्ता भेलाहरूमा सहभागी भएर नै हासिल हुने हो। त्यसैले संघसंस्थामा आबद्ध हुन पर्छ जस्तो लाग्छ।



### अब सँस्थाले के गरोस भन्ने लागेको छ?

मेरो त अझै पनि एउटै इच्छा छ कि अमेरिकामा सबैलाई समेट्ने एउटा बलियो सँस्था होस्। एनआरएनले त्यो आवश्यकतालाई पुरा गर्न सकेको छ जस्तो मलाई लाग्दैन। अबका दिनमा सँस्थाले हालसम्म गरिआएको राम्रा कामहरु लाई निरन्तरता दीन सकोस्। यस सिकागो कन्भेसनले माथि भने जस्तै एउटा राष्ट्रिय सँस्था बनाउने तर्फ पहल गरोस्। हुनत यस भन्दा पहिले यस्ता पहल नभएका त होइनन् तर ति सफल हुन सकेनन्। यसपटक तिनवटै ठुला सँस्था मिलेर कन्भेसन गरेको हुनाले त्यो बिषयमा सार्थक छलफल हुनेछ भन्ने आशा लागेको छ। यसका साथै आर्थिक सङ्कलनको पहल गरि एउटा भौतिक पूर्वाधारको व्यवस्था गर्न सकियोस् भन्ने लागेको छ। अमेरिका भरिको एउटामात्र सशक्त संगठन भए यस्ता काम गर्न सम्भव छ जस्तो लाग्दछ।

*Dr. Khatiwada came to USA in 1982 and he is an anesthesiologist by profession. He lives in Munster, Indiana with his wife Maya Khatiwada and three daughters Dr. Pooja Khatiwada, Dr. Aava Khatiwada and Deeva Khatiwada.*

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**Bijay Shrestha**  
Member, ANA

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**Suman Thapa**  
President, Nepali Samaj Texas

## Mr. Raghu Nath Acharya



- Secretary of NRNA NCC USA- Iowa Chapter
- Businessman and Social Leader

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## ठिमाहा पाठ्यक्रमबाट शिक्षामा सुधार असम्भव



### विजयराज भट्टराई

कुरा गत महिनाको हो, छोराको इओसी (इण्डअफकोर्स) अर्थात नेपालमा भनिने फाइनल परीक्षा थियो कक्षा दशको। अरुबेला भन्दा परीक्षा काबेला बढी पढ्नुपर्ने संस्कारमा हुर्केको मैले छोरोलाई त्यही कुरा बुझाउन खोजे। कुरा धेरै भए आ-आफ्ना जानकारी र अनुभव अनुसारका। अन्तमा, छोरोलाई सम्झाउन बसेको मलाई उसैले चित्त बुझायो। उसको तर्क थियो, 'फाइनल परीक्षा भनेको मैले वर्षभरी अध्ययन गरेको ज्ञानको परीक्षा हो। यदि मैले जाचको बेलामा अरु बेला भन्दा बढी मेहनत गरे भने परीक्षामा आउने परिणाम मेरो सहीमुल्याङ्कन हुँदैन। अभिभावकका हिसावले मेरो अलिक बढी अड्क देखेर तपाईं खुशीत हुनुहोला तर त्यो मेरो सही परीक्षा भने हुने छैन र म सधैं आफ्नो सही क्षमता जान्नबाट अनभिज्ञ हुनेछु र जीवनमा आफ्नो बारेमा नजानेर मैले कुनैदिन ठूलो मूल्य चुकाउनु पर्ने हुन सक्छ। यसरी आफूलाई आफैले ठग्न चाहन्न।'

अर्को सानो अनुभव-केही समय अघिको कुरा हो, मेरी श्रीमतीले छोरीलाई पढेरपछि डक्टर बन्नुपर्ने कुरामा कन्भिन्स गरेर उनको मेडिकल क्षेत्रमा इन्टरेष्ट ग्याब गर्ने शुरुवात गरिन्। अनि फेरी छोरोले यी कुराहरू सुनेपछि अहिले बैनीको करियर डिसिजन गर्ने उमेर नभएको र हामीले बैनीको करियर रोजेउनीले त्यसबिषयको सर्टिफिकेट प्राप्त गर्लिन तर जीवनमा सफल हुने कुरामा कन्भिन्स गर्यो। पैसा कमाउनु, खुशीहुनु, सफल हुनु र खुशी रहनु बिचको भिन्नता मैले बुझे भन्दा फरक ढङ्गले बुझायो। मेरो छोरो मात्र हैन, बिकशित मुलुकहरूमा शिक्षाले यसरीनै बालबालिकाहरू लाई ग्रूमिग गरिएकोछ। र, ती मुलुकहरूले बिकाश गरेको हुन्छ भन्ने कुरामा अचेल म विश्वस्तछु।

संसारका धेरै मुलुकहरूले आफ्नो बजेटको ठूलो हिस्सा शिक्षा क्षेत्रमा लगानी गर्दछन्। विद्यालय स्तरको शिक्षा निःशुल्क तथा विश्वविद्यालय स्तरको शिक्षा मुलुक सुहाउदो र संसारको स्तरसँगै गतिदिन सक्ने करिकुलम निर्माण गर्दछन्। शिक्षा केवल प्रमाण-पत्र प्राप्तिको लागि मात्र हुनु हुँदैन। जुन शिक्षाले प्रमाण-पत्र दिन सक्छ तर प्रमाण-पत्र प्राप्त गर्नेले आफ्नो योग्यताको प्रमाण-पत्र अनुसारको कार्य गर्न सक्ने आत्म विश्वास आर्जन गर्न सक्दैन भने त्यो शिक्षा प्रणाली गलत मानिन्छ।

नेपाली परिप्रेक्षमा हेर्दा शैक्षिक बेरोजगारको संख्या बढ्नु भनेको शैक्षिक सामाग्री समयानुकूल परिमार्जन हुन नसकेर शैक्षिक योग्यता प्राप्त कर्ता लाई आफ्नो योग्यता अनुसारको क्षमतामा आत्म विश्वास नहुनु हो। शिक्षक सबल नभई विद्यार्थी सक्षम बन्न गाह्रो हुन्छ। अनि उत्कृष्ट शिक्षा बिना देश बिकास गर्न गाह्रो छ। जुन मुलुकले शिक्षा नीति, शिक्षण पद्धति अनि विद्यालय देखि विश्वविद्यालय सम्मको शिक्षकको गुणस्तरमा ध्यान दिन्छ ती नै मुलुकहरू संसारमा बिकसित मुलुक बनेका छन्।

शिक्षण एउटा कला हो। ज्ञान हुनु र भएको ज्ञानअरुलाई बुझाउन सक्नु नितान्त भिन्न कुराहरू हुन्। तर, हाम्रो मुलुकमा आज पढाई सक्ने भोली शिक्षक बन्ने क्रम सामान्य रुपमा लिइन्छ।

नेपालको सरकारी तथ्याङ्क अनुसार विद्यालयको शिशु कक्षा देखि विश्वविद्यालयको विध्यावारिधी सम्म सरकारी तथा निजी क्षेत्रका शैक्षिक संस्थामा गरि ९१ लाख ९३ हजार विध्यार्थीहरू छन्। यस मध्ये २० लाख विध्यार्थीहरू विश्वविद्यालयका हुन्। यी विध्यार्थीहरूको ब्यवस्थापनको लागि सरकारी तथा निजी गरि नेपालमा ७,८०० स्कूलहरू, ३,६०० उच्चमा. बि., १,१०० कलेजहरू विभिन्न विश्वविद्यालयको माताहतमा रहेर शिक्षा प्रदान गरिरहेका छन्।

सरकारी तथा निजी शैक्षिक संस्थानहरूको बीचको विभेद चुनौति पूर्ण छ। सरकारले सरकारी शैक्षिक संस्थानहरूको शैक्षिक गुणस्तर कायम राख्न पूरा गर्ने आधारभूत आवश्यकताहरू पूरा गर्न सकेको छैन र सरकारी तथा निजी शैक्षिक संस्थानहरूको बिचको खाडल बढ्दो छ। यही सरकारी गुणस्तरको कमजोरीको फाइदा उठाउदै शैक्षिक क्षेत्रमा निजीकरण अशोभिनीय ढङ्गले मौलाएको छ।

उदाहरणको लागि हालै नेपालमा विद्यालय पढाउने शिक्षकको क्षमताको सर्वेक्षण अनुसार ४० प्रतिशतले मात्र बिज्ञान पढेका शिक्षकले बिज्ञान पढाएको



पाइयो। भनिन्छ यस्तै कारणहरूले, निजी शैक्षिक संस्थाहरूमा छोरा-छोरीहरू पढाउनु पर्ने बाध्यकारी सामाजिक अवस्था समेत बनेको हुँदा भ्रष्टाचार समेत बाध्यात्मक नै बनेको छ।

अर्को प्रमुख कुरा भनेको कुनै पनि मुलुकको शिक्षा प्रणाली पहिले आफ्नो मुलुकको आवश्यकता अनुसारको जनशक्ति उत्पादन गर्न सक्ने बैज्ञानिक पद्धति अनुसार विकास गरिनु पर्दछ। अनि मात्र विश्व बजारको आवश्यकता अनुसारको शैक्षिक नीति अबलम्बन हुनु पर्दछ।

यति खेर हाम्रो शैक्षिक करिकुलम ठिमाहा भएकोछ। नत हाम्रो करिकुलमले नेपालको आवश्यकता अनुसारको जनशक्ति उत्पादन गर्छ नत विश्वबजारको। हाम्रो प्राथमिक विद्यालय देखि विध्यावारिधी सम्मको करिकुलम तथा शैक्षिक प्रणाली (परीक्षा / परिणाम / पढाउने तरिका, शिक्षणको निमित्त आधारभूत आवश्यकता, शिक्षकको बहुवाको निमित्त शिक्षकको अध्ययन गुणस्तर वृद्धि भएको प्रमाणको रूपमा बिषयगत जानकारी सम्बन्धी लेख रचनाको प्रकाशन इत्यादी) मा ब्यापक परिवर्तनको जरुरी छ।

कृषिमा आधारित अर्थतन्त्र, विश्वको दोश्रो ठूलो जलश्रोतको धनी, हरियो बन नेपालको धन, विश्वका सर्वोच्च १० मध्ये ८ हिमशिखर भएको र प्राकृतिक सौन्दर्यताको धनी, बहुल जाती, भाषा, धर्म र संस्कृति भएको बन, जंगल, खोला-नाला, दुर्लभ जनावर, पशुपंक्षी, जडीबुटी र पर्यटनको प्रचुर सम्भावना बोकेको हाम्रो मुलुकको शैक्षिक करिकुलमले कहिले पनि यी मर्महरूको गहिरोई लाई सम्बोधन गरेन।

बिद्यार्थीहरूले विभिन्न तह तथा बिषय पढे, प्रमाण-पत्र हासिल गरे तर उपयोग गर्न सक्ने आत्मविश्वास जगाउनै सकेनन। कृषि, बन, पानी, खनिज, पर्यटन, जडीबुटी, हिमाल-पहाड हाम्रा शिक्षाका आधार बन्दै बनेनन्। हाम्रो शिक्षाले उच्चमशिलता दिन सकेन तसर्थ पनि यो उच्चमशिलता बिनाको शिक्षाको परिमार्जनको जरुरी छ।

हामीले इतिहास पढ्यौ, भूगोल पढ्यौ केवल परिक्षामा पासहुनका लागि। हामीले हामी जस्तै भौगोलिकअवस्था रहेका मुलुकहरूले कसरी विकास गरेकाछन भन्ने व्यावहारिक ज्ञानदिने किसिमले करिकुलम को निर्माण गरेनौ। हामीले आफ्नै र संसारकै इतिहास पढेउ तर हामी जस्तै राजनैतिक, सामाजिक, आर्थिक अवस्थाबाट गुञ्जका

मुलुकहरू कसरी सम्पन्न भए बुझ्दै नबुझी उच्च श्रेणीमा उत्तीर्ण भयौ। हाम्रो शिक्षा प्रणाली चोकन्ते भयो, परीक्षाको केही दिनअघि मात्र पढे पुग्ने खालको भयो।

यस शिक्षा प्रणालीको प्रभाव सिङ्गो राजनीति तथा ब्युरोक्रेसीमा पर्यो रत तेस्रो पटक प्राप्त प्रजातन्त्र पछि पनि आजको एक्काइसौ शताब्दीमा पनि हाम्रो संसदले फौजदारी अभियोग लागेका सांसदलाई निलम्बन नगर्ने नियमावलीको पक्षमा मतदान गर्यो। यो भन्दा ठूलो दुर्भाग्य अरु के हुन सक्छ?

कृषि प्रधान देश हाम्रो मुलुक यति खेर सही शिक्षाको अभावमा यति खेर गाउघरका खेतबारीका तके कुरा करेसाबारी समेत बाझै छन। हाम्रो शहर मात्र हैन गाउ घर समेत भारतको तरकारी व्यापार गर्ने ठाउँ बनेको छ।

अमेरिका, युरोप, अष्ट्रेलिया, क्यानाडा जस्ता विकशित मुलुकमा मात्र हैन संसारका धेरै मुलुकहरूले आफ्नो शैक्षिक सिलेबस हरेक २- ३ वर्षमा रिभ्यू गर्छन र आफ्ना उत्पादनहरू कहाँ, कति खपत भए नभएको लागत राख्दछन र विभिन्न क्षेत्रका बिज्ञ, उद्योगीहरू संग विभिन्न सेमिनार, गोष्ठी राख्छन र बजारको माँग, परिवर्तित प्रविधि अनुसार सिलेबस परिवर्तन गर्दछन।

हाम्रो मुलुकमा बुवा, छोरा र नातीले अध्ययन गरेको पाठ्यक्रममा पहिचान हुने खालको गुणात्मक अपग्रेड पाइदैन। त्यसैले त हाम्रा रास्ट्रिय अर्थतन्त्रमै प्रभाव छोड्न सक्ने ठूला उद्योगहरू जस्तै बासबारी छाला जूता, जनकपुर चुरोट, हेटौडा सिमेन्ट, भूकुटी कागज, बिराटनगर जुट मिल, उदयपुर सिमेन्ट जस्ता कारखाना बन्द प्रायको अवस्थामा पुगे।

Wishing Association of Nepalese in Mid-west America (ANMA), Nepalese Association in Southeast America (NASEA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Sharita Chaulagai, Social Worker  
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Texoma Nepali Samaj**

# Cloud Computing

by **Ambika Lohani Sharma**



Cloud computing is the process of using network-based resources such as software and hardware to perform computing from a local machine. Cloud Computing is defined as a type of "parallel and distributed system consisting of a collection of interconnected and virtualized computers that are dynamically provisioned and presented as one or more unified computing resources based on service-level agreements established through negotiation between the service provider and consumers. In cloud computing a user sends data from a local machine such as laptops, desktops or mobile devices to the central machine through network, mainly internet. The data is then processed in the central platform and the output is sent back to the local machine. Users are allowed to store their data in the central platform. Cloud computing is becoming popular in many industries, specially the IT industries. Cloud computing has a potential to transform the IT industry and IT services, shifting the way IT infrastructure and hardware are designed, purchased, and managed. Originated mainly in the late 1990s, cloud computing is now popular among several businesses. Cloud computing is perceived as the next step in the evolution of information technology resource distributed systems with the capability to enable businesses and users to access applications from anywhere in the world on demand. Several countries have now realized the importance of cloud computing. UK Government, for example, commissioned a report on Digital Britain that has established a route map towards creation of a private cloud computing infrastructure for the government, G- Cloud. Several e-science companies are using cloud computing such as CARMEN - a system that allows neuroscientists to share, integrate and analyze data, Arizona State University library, etc.

There are three basic models of cloud computing namely Software as a Service (SaaS), Platform as a Service (PaaS) and Infrastructure as a Service (IaaS). SaaS allows users to use the cloud computing resources through a thin client of interface such as web browser. PaaS allows users to implement several

programming languages, libraries and other tools. IaaS allows users to manage processing, storage, networks, and fundamental resources so they can implement arbitrary software.

The main concept of cloud computing began in the 1950s after large-scale mainframe became available in universities and large business companies. Due to high cost issue, this idea of computing could not grow until they could find the greatest return of their investment. Their dream came true when they could finally share their resources with many users in the late 1990s allowing multiple users to share both the physical access to the computer and CPU time. This eliminated the period of inactivity of their resources, thus bringing it to the full utilization. It was only in early 2008 when Eucalyptus became the first open source to deploy the private clouds. Later in 2011 IBM announced the smarter computing framework to support Smarter Planet. Now the three major service providers for the cloud computing are Amazon Web Services (AWS), Microsoft Azure, and Google App Engine. Google provides a free service to the general public through Google docs, where a user can work on the Microsoft Office documents. A similar service is provided by Cloud on in apple iPhone and iPad, where a user is able to use Microsoft Office for free through their cloud computing.

Use of cloud computing is growing in businesses of all sizes ranging from pharmaceutical companies and academic institutions. Since the end user pays per use, the cost of cloud computing is less than the regular IT operational cost. This is also true since in the cloud computing the same resource and the computing time are shared among the users. In January 2010, a survey of R&D researchers highlighted the growing acceptance of cloud computing within life sciences expected between 2010 and 2013. Of the 49 respondents,

representing an array of large, mid-sized, and small pharmaceutical companies and academic institutions, more than half projected at least 11% of their IT budget over the three-year period will be dedicated to cloud computing. As for an example, Eli Lilli started using this facility in their research to reduce IT intervention in their development and to find out if their IT resources were used in their full capacity. They began this work after they had pressure to reduce IT cost. The results were fascinating. The company was able to complete their task on 64 computers in 20 minutes for the cost of \$6.40. To complete the same amount of job, the company would have required 12 weeks of work.

Cloud computing is an emerging technology. It provides an infrastructure to meet the need of the end users by providing the on-demand resources with a low operational cost for data storage and computing. Although it has attracted the attention of many businesses recently, there are some challenges in security issues. Since the service provider can monitor the data submitted by the users, there is very less security of these data. Therefore, future researches on cloud computing should focus on how to improve the security of users' data.

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## Winner of 2018 Dr. Prahlad & Bindu Pant Scholarship Award

Congratulations! **Deepali Singh** from Greenacres, Florida for being the recipient of \$2500.00 of 2018 Prahlad & Bindu Pant Scholarship Award.

On behalf of Nepalese Association in Southeast America (NASEA) together with NASEA Academic Committee Chair Dr. Manoj K. Jha and the Executive members, it is my great pleasure to share with you all that Deepali Singh from Greenacres, Florida as the winner of \$2500.00 "2018 Prahlad & Bindu Pant Scholarship Award". She has received high school graduation from John I. Leonard High School (Greenacres, FL) in 2017 and currently enrolled in the University of Florida, Gainesville, FL for her undergraduate study. This scholarship is awarded during the Nepali National Convention, Chicago, IL, Aug 31—Sep 2, 2018



With this note, we would like to thank respected Dr. Prahlad Pant and Bindu Pant for establishing this prestigious award "Prahlad & Bindu Pant Scholarship Award" to help and financially support the needy youths of our Nepali American community in the US to complete their dream of higher studies. NASEA is proud to be the administrator of this prestigious award and I extend special thanks to Academic Committee for the outstanding work in completing the task of selection process of this award.

Thank you,  
Dr. Manoj Jha  
Chair, Academic Committee, NASEA





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Chicago Nepalese  
Community on the success  
of the Nepali National  
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Best Wishes !**

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## **Dr. Keshab Paudel**



- President of the Non-Resident Nepali Association National Coordination Council (NRN NCC USA)
- Medical doctor

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*Best wishes to ANMA, NAsEA & ANA for the grand  
success of the*

*Nepali National Convention 2018*

*Chicago, Illinois*

*Aug. 31 – Sept. 2, 2018*

*- NRN NCC of USA*



## म कबि बन्न सकिन (आत्म प्रहार )



### टेकराज पौडेल

अक्षर र शब्द सँग खेल्नु पर्ने  
गध्य र पद्यसँग साक्षात्कार हुनु पर्ने  
छन्द स्वर संगितको समेत मिठाश भर्नु पर्ने  
यी सबै मेरो वशमा छैन  
कस्तो मुस्किल म कबी हुन सकिन /

आठ कक्षामा पढ्ने बेला  
नेपाली विषयमा टाठै थिए  
सँग साथीले भने तेरो कबी हुने लक्षण छ  
मनको त म बाठै थिए /  
एउटा शुक्रबार दाइको कबिता चोरेर स्कूलमा बाचन गरे  
नेपाली शिक्षकले भन्नु भयो प्रतियोगितामा म प्रथम परे  
स्कूल भरी हल्ला भयो फलानो पहिलो भयो  
स्याबासी त पाए तर भित्र भित्र म रुन सकिन  
त्यही एउटा गलिले आज सम्म म कबी हुन सकिन /

जब म एउटा गलित छोप्न हजार गलित गर्दै गए  
अरुका कबिता सारेर साथीलाई माथ गर्ने भए  
अभिमानले भरिएको घैटो जस्तै भए ,  
कबिता सिक्न होइन चोर्न पुस्तकालय धाए  
साचो कुरा कसैलाई भन्न सकिन  
त्यहि भएकोले आज कबि बन्न सकिन /

परिक्षामा एउटा प्रश्न आयो गाई बारे लेख कबिता  
मैले घोकेको एउटा " नदी "बारे हुने भयो अब रमिता  
गाई बारे दुई हर्फ लेखे "  
गाई हाम्रो राष्ट्रिय जनावर हो "  
चार खुट्टा हुन्छन आँखा दो "  
कान दुइटा हुन्छन नाक एउटै हो /  
गाइले नदिको पानी खान्छ  
नदी उत्तरबाट बगेर दक्षिण जान्छ /  
नेपालमा ठुला ठुला नदी छन  
भनी साध्य छैन कती कती छन  
नदी कै बखान गरेर चार पाना भरे  
गाई मरे पछी नदिले बगाउछिन  
गाइ पानीको तिर्खामा अघाउछिन /

मलाई लाग्यो मैले बेकारको झेल गरे  
बाहुनको छोरो नेपाली मै फेल गरे  
परीक्षाको कापी जाँच्ने शिक्षक अल्छी परेछन

उनले पनि म माथि झेल गरेछन /  
सिरानको २ लाइन र पुछ्यारको एक लाइन पढेछन्  
मेरो कबितालाई सर्वोत्क्रिस्टमा भरेछन /  
परीक्षाफल प्रकाशित गर्ने दिन थियो  
बालाई मैरो फी तिरेको रिन थियो /  
उत्रिण गराउन कालो पाठो देबिलाई भाकेर  
भन्नु भयो मलाइ डाकेर /  
फेल भैइस भने घरै न आउनु  
उतै बाट प्रदेश धाउनु /  
मन गरुङ्गो बनाएर स्कूल पुगे  
लाजले सबै भन्दा अन्तिममा लुके  
पहिले पास हुनेको नाम आयो  
निस्चय पनि नाम आएन फेल भएको लाग्यो  
मैले सोचन थाले कि अब जाने कहाँ होला  
बाले गाली गरे नि आमाको त मन रोला  
पहिलो हुनेको नाम त अन्तिममा पो रहेछ  
त्यही भएर सुनाईमा ढिला भएछ /  
झेल गरेकोले लाग्यो मलाइ उत्रिण हुन् सकिन  
यस्तै कारणले मा कबि हुन् सकिन /

अङ्ग्रेजी र नेपालीमा त मैले राम्रो लेखे कै थिइन /  
उल्टो कबिता लेखेको सायद कसैले देखेकै थिएन /

१६ नम्बर आएको अङ्ग्रेजीमा झुक्किएर ६१ लेखेछन  
मेरो भाग्य वा कुभाग्य गुरुहरुको आँखाले त्यस्तै  
देखेछन /  
यस्तै अन्तसन्तका साथ गुज्रदै छ जिन्दगी  
बाकी जीवन रुन सकिन  
दाज्यु , शिक्षक कालो बोके, बुवाको गलतिको कारण  
आज म बास्तबिक कबि हुन् सकिन /

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America (ANMA), Nepalese Association in  
Southeast America (NASeA) and Association  
of Nepalis in the Americas (ANA) a grand  
success for the Nepali National Convention in  
Chicago, IL, Aug 31—Sep 2, 2018

**Prashim Poudyal**  
**Executive Member, NAsEA**

# Mr. CK Parajuli



**Atlanta, Georgia**

- **Former President of Nepalese Association of Georgia (NAG), 2002-2009**
- **Current Advisor of NAsEA, NAG and ANA**
- **Businessman & Social Worker**

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the grand success of the Nepali National  
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# Dear Teachers

by Diya Kafle



Something about me is that I am now a sophomore going to Valparaiso High School, Valparaiso, IN. I have attended many schools in different locations. So, I've experienced different types of teachers and classmates. I acknowledge that teachers here get treated unlikely than Nepal. I have only spent up to kindergarten in my home country and I don't remember much. However, I do recall that we never disrespected our teachers and educators. We valued what they taught us and grasp not just what we were intended to, but also something to think about for the rest of our lives. Here, I feel like we learn just what we are signed up for and don't take advantage to gain some wise information. We do respect them with occasional greetings but I think, we don't admire them as we used to do in Nepal and we do not value their hard works as such. I feel like we need to bring some core values from our native culture to make teachers feel worth more than how they are treated.

There are few differences on how the teachers are treated compared to Nepal. For example, in the morning here, one or two people might say 'good morning' before the class starts. But back there, we would all stand up when the teacher arrived in the classroom and say 'good morning sir' in harmony. We could tell that our instructor really enjoyed that appreciation from students. We would also keep talking to each other and keep in touch even after we're done with their classes. It is little different here. Once the semester is over, I've noticed that some students do not even say greet to their teachers if they see each other after. They don't show appreciation to the teacher. My dad is also a professor and loves teaching. I witness how much he works to prepare for his lectures. He would do anything to make his lectures accessible to his students. I believe that my teachers work in the same or above level to prepare their classes for us.

It is not just the students, I believe, the society as a whole in Nepal sees their school teachers in a respected group of intellectual individuals. My parents still remember their primary school teachers and stuffs that they have taught. They still value all the things that they have learned from their profes-

sors and talk about them to this day. My mum and dad frequently say that if it weren't for their teachers, they wouldn't be where they are now with wonderful lives and good jobs, and especially my dad, who is a professor himself. There, the students and their teachers usually have a bond. They both get to know each other, which helps both, the teacher to better understand how to teach, and the student to learn more easily. The students appreciate their instructor so much that there is a special Teacher's Day called Guru Purnima. It falls on the Ashadh month of Nepali calendar. In Sanskrit, "Guru" means a person who removes the darkness of ignorance and gives the light of knowledge to a person. (Gu = Darkness, ru = light) Guru is the person who first teaches a child to learn the sacred Gayatri mantra during bratabandha (sacred thread) ceremony. That was considered the start of the reading and writing for the child. On Guru Purnima festival, schools, colleges, and other organizations celebrate by organizing programs to pay respect to the teachers.

In conclusion, maybe teachers in Nepal get treated a little differently. It is a cultural thing also. That is perfectly fine. But no matter where, we make it a priority to honor our instructors. We have to appreciate and deeply value what they have done for us. Teachers are very important. They teach us great life lessons so one day we can be on our own. We should bring those values from our native culture to USA.

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Dr. Binita KC**  
**Executive Member, NASeA**

# Mr. Buddi Subedi



**Menasha, Wisconsin**

- **Successful Businessman**
- **President of NRNA NCC USA-Wisconsin Chapter**
- **Senior Social Worker**

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## नाङ्गो

कुसुम ज्ञवाली



हजुर त महानायक यस युगको। राजनैतिक र सामाजिक परिवर्तनको अग्र-नेतृत्व। हजुर जस्तो अब नेता यो भूमिलाई प्राप्त हुन मुस्किल छ। म त वेपारी मान्छे तर पनि हजुर जस्तो महान व्यक्तित्वको गरीमा प्रबर्धन गर्न लगानी गर्नु मेरो कर्तव्य हो हजुर। यसैले म हजुरको सेवामा हाजिर छु। जे मर्जी हुन्छ म तामेली गर्छु मालिक।

तिमी के चाहान्छौ? भन ब्यापारी विना उदेश्य पिसाप पनि गर्दैनन्। ल भन के आवश्यक भयो भन। कमरेडले जुँगा मुसादेँ पुरै अलौकिक नै आफू भएको अनुभूति गर्दै भने। खासै छैन हजुर। म त सेवामा मात्र हाजिर भएको। हजुरको दर्शन मात्र पाउनु पनि ठूलो कुरो हो हाम्रा लागि। बरू, चुनाव सुनाव अथवा पार्टीका कार्यक्रममा केही आर्थिक सहयोग चाहियो भने यो गरीवलाई मर्जी होस्। म हाजिर हुन्छु। त्यो सहयोगको सट्टामा के चाहान्छौ त भन खुलस्त। मलाई खुलस्त भनेको मन पर्छ कमरेडको बोलीमा राजा थियो, विना श्रृपेचको।

भगवान राम बनवास पाल्नुहुँदा भरतले सम्झनामा खराउ पाएर धन्य हुनुभएको थियो। मलाई हजुरका पुराना कपडा भए हुन्छ। मैले त्यसको मुल्य टक्र्याउँछु। कति तिर्छौँ पुराना कपडाहरूका लागि। धेरै त म सक्दिन हजुर। बस हजुरले नयाँमा जति रूपैयाँमा किन्नु भएको थियो त्यसकै दुगुना डलर टक्र्याउँछु।

अनि मेरो कोटलाई ५० हजार परेको थियो, किन्छौ? कमरेडले नपत्याएको भाषामा सोधे।

अबस्य हजुर, म एक लाख डलर टक्र्याउँछु। ल ठिक छ म बेचन तयार छु मेरा सारा थोत्रा लुगाहरू।

मेरो अहोभाग्य हजुर।

एउटा कागत पनि गर्न पाए हुन्थ्यो। ताकि पछि तलमाथि नहोस्।

ठिक छ म सहि गरिदिन्छु भने र सहि धस्काईदिने भए। ब्यापारीले कागजात तयार पारेपछि कमरेडले सहि गरे। ब्यापारी डेलिभरी लिन पछि आउने बताए। एक जोर लुगाको एडभान्स दिएर पनि गयो।

कुनै दिन ब्यापारी अचानक आयो अनि उसले पहिले नै भैसकेको सम्झौताको कागत देखायो अनि सार्वजनिक ठाउँबाट लुगा तानेर लगे कमरेड सम्झौता अनुरूप करोडौँ डलर समाएर सार्वजनिक रूपमा नाङ्गै भए।

Wishing Association of Nepalese in Mid-west America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Ambika Lohani Sharma**  
Vice President, NASeA

Wishing Association of Nepalese in Mid-west America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Krishna Shrestha**  
General Secretary, NASeA

Wishing Association of Nepalese in Mid-west America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Mohan Bista**  
Joint Secretary, NASeA

Wishing Association of Nepalese in Mid-west America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Dr. Nirmal Paudel**  
Treasure, NASeA

# ANMA and Membership Drive



by Balram Panthi

Association of Nepalese in Midwest America (ANMA) is one of oldest, intellectual and reputed organization of America. It was established in 1980 and is registered under 501 (C) as of regional organization of Midwest America however, ANMA is doing annual convention various cities East-coast to West-coast. Following is ANMA’s mission and objectives.

“The mission of the Association of Nepalese in Midwest America (ANMA) is to promote, coordinate, and facilitate close cooperation among Nepalese and friends of Nepal in North America, particularly in the Midwest Region of the United States, for maintaining and fostering Nepalese identity and cultural heritage”.

- Promote social, cultural, educational, and charitable activities of interest to the Nepalese community in the Midwest Region of the United States.
- Contribute to the overall development of Nepal by working on issues related to Nepal, and Nepalese community in Midwest region of the USA.
- Promote and maintain positive communication and dialogue among Nepalese and Nepal-related associations in the United States and Canada.
- Help our members in time of hardship, as far as possible, using available resources.
- Work on other issues that are of importance to Nepalese community in North America.

One of the major activities of ANMA is to serve the Nepalese community by holding yearly conventions in cities, primarily of the Midwest region of the United States during the Memorial Day weekend. These yearly conventions have provided opportunities for resident Nepalese and friends of Nepal to mingle, get to know each other, enjoy the various cultural/social/sporting activities, discuss important issues related to Nepal and the concerns of the second generation Nepalese growing up in US”.

Since in 2005, ANMA started to jointly organize joint convention with Nepalese Association in Southwest America (NASEA) which is regional organization as well. The joint conventions are held during the Labor Day weekend every year.

**ANMA membership drive:**

Since established ANMA has lots of life members,

annual members and trustee members. However since last year ANMA AGM passed membership drive. Three members, Rajendra Khatiwada, Balram Panthi and Sanjay Ghimire, a membership drive committee was formed under the chairmanship of former ANMA president Rajendra Khatiwada. ANMA life membership fee is \$250.00 per person however, AGM also passed life membership cost \$100.00 each person for short term membership drive only. Membership committee created various membership e.g. sustainable membership \$100.00, life membership \$100.00 and annual membership \$25.00 and committee also has given membership drive authorization to Balram Panthi. We are still opening membership with cost of \$100.00 and I am requesting to all to take advantage and become member soon. The life membership cost will go back to \$250 soon. Please contact Balram Panthi or go to the ANMA online [www.anmausa.org](http://www.anmausa.org) for membership.

**ANMA Trustees:**

AGM also passed Five trusty members and if needed it can increase more trustees. As of now there are following trusties at ANMA.

- Mr. Rajendra Khatiwada
- Mr. Gauri Adhikari
- Mr. Mukesh Singh
- Mr. Sohan Khatiwada
- Mr. Gopendra Bhattarai

**Trustees Advisor:**

Mr. Sarada Thapa

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## "गरिबको जीवन "

बिष्णा बिरही

भोला भाला सरल दिलका छन् युवा ती पछाडी बाठो लुच्चो सकल जनमा छन् सदा ती अगाडी लाटो सोझो हरदम यहाँ हुन्छ सधै खटेको बाठो लाछी बसि बसि अहो खान सधै जुटेको ।

सधै यस्तै चलन छ यहाँ छैन कोही दुखी को भोको नाङ्गो पलपल यसै मर्छ मान्छे दुखी त्यो ठूलाठूला महल भित्र छन् अस्मिताका लुटेरा काला मैला मन बचनका स्वैत बर्दी सुकीला ।

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शक्ति शाली समय छ अहो दौडियो है सखारै फूल्यो सेतै समय शिरमा चाउरीयो मुहारै आशा पाल्दै मनगगनमा सुस्तरी मुस्कुरायो छिन्यो साथी झटपट अहो काल आयो उठायो ।



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**Janak Rana**  
Social Worker  
Keller, TX

## Message from the ANA Senior Vice President



Welcome to the Nepali National Convention 2018 in Chicago, the famous “Windy City.” This event is the first of its kind, involving close collaboration and shared leadership between our three Nepali-American societies, ANA, ANMA, and NAsEA, all with a common vision to unite the vibrant North American Nepali diaspora and to celebrate our shared heritage, language, and culture. All three of our organizations have worked hard to make this event successful and we are confident this endeavor will signify a new era of partnership between disparate Nepali organizations across the nation to better serve the needs of Nepali-Americans. On behalf of the Association of Nepal in the Americas, I hope you enjoy the festivities planned for this weekend and take advantage of this unique opportunity to engage in deep discussions to envision a brighter future for our Nepali community.

Best Regards,

**Khagendra Adhikari**  
**Senior Vice President**  
**Association of Nepal in the Americas (ANA)**

## **Dr. Gaury Adhikary** **&** **Mrs. Anita Adhikary**



- Dr. Gaury Adhikary – Former President of ANMA
- Ms. Anita Adhikary – ANMA Board of Director

*Best wishes to ANMA, NAsEA & ANA for the*

*grand success of the*

*Nepali National Convention 2018*

*Chicago, Illinois*

*Aug. 31 – Sept. 2, 2018*

## खै खै कस्तो

सुशीलराज शर्मा

(खै खै कस्तो कस्तो यो जिन्दगि है ) २

(लक्ष्य बिहीन सिमलको भुवा उडे जस्तो है ) २

कहिले काहीं हाँसु भन्छु रोउ भन्छु है

कहिले प्रिती गासौं भन्छु हुन्न भन्छु है

(खै खै कस्तो कस्तो यो जिन्दगि है ) २

(हुन्छु भन्नै नसक्ने यो के जिन्दगि खै ) २

थोरै हाँसो थोरै प्रिती भए पुग्दथ्यो है

मनको कुरा प्रष्ट राख्न पाए हुन्थियो है

(खै खै कस्तो कस्तो यो जिन्दगि है ) २

(जिन्दगीले मनको वह कहिले बुझ्ला खै ) २

आशाहरु खुशी बनि आए हुन्थियो है

निराशालाई आशमा बदल्ने मनै त हो नी है

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(यो जिन्दगी त्यही मन बनि कहिले आउला

खै ) २

(खै खै कस्तो कस्तो यो जिन्दगि है ) २

(लक्ष्य बिहीन सिमलको भुवा उडे जस्तो है ) २



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## Maya & Dr. Sohan Khatiwada



- Senior Social Leader from Munster, Indiana
- Medical Doctor

*Best wishes to ANMA, NAsEA & ANA*

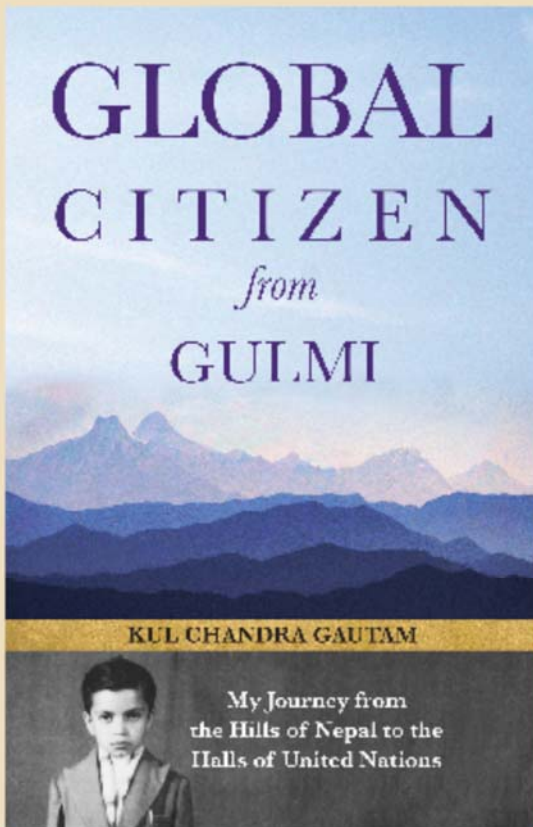
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*Chicago, Illinois*

*Aug. 31 – Sept. 2, 2018*





### INVITATION

You are cordially invited to the launch of "Global Citizen from Gulmi", which recounts the personal journey of former Deputy Executive Director, Kul Chandra Gautam, from a remote village in Nepal to the highest ranks of UNICEF, the UN agency committed to advancing the rights of every child.

Date: Wednesday, 5 September 2018  
 Time: 6:00 PM, doors open at 5:30 PM  
 Place: UNICEF Labouisse Hall

**About the book**  
 Kul Gautam's stirring memoir recalls his youth and education in Nepal, his studies in the US, his career with UNICEF which took him to extraordinary locations, and culminates in his vision for a world where respect for human rights, equity, and social justice are guaranteed to all. By turns scholarly and sentimental, the author is relentlessly optimistic and refreshingly candid as he reflects on the organization for which he worked for 35 years.

**About the author**  
 Kul Chandra Gautam is a former Deputy Executive Director of UNICEF and Assistant Secretary-General of the United Nations. He is a distinguished diplomat and development professional who currently serves on the Boards of several national and international organizations, charitable foundations and philanthropic initiatives.

Proceeds from the book will be allocated to UNICEF-assisted girls' education projects in Nepal with the support of [UNICEF USA](#).

Copies of the book, in print and as an e-book, are now available for purchase on [Amazon](#).

Click this link to [RSVP](#) by 31 August 2018.

## Mr. Basu Dev Adhikari



- Businessman from Wisconsin
- Community Leader

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*Best wishes to ANMA, NAsEA & ANA for  
 the grand success of the  
 Nepali National Convention 2018  
 Chicago, Illinois  
 Aug. 31 – Sept. 2, 2018*



## Unity for the Nepalese Community: 2018 Student Writing Contest

by Dr. Sushama Pradhan



The topics for the student writing contest were selected in order to compliment the theme of the 2018 Nepali National Convention, “Unity for the Nepalese Community”. The Nepali community in the North America is growing day by day. It is very important to harmonize the direction of this growth through joint, synergistic efforts in order to create and strengthen an enriched and empowered Nepali community and make it a multi-faceted visible minority group in this land of immigrants.

As the Coordinator of the Student Writing Contest Committee, I would like to thank all the participants who took time out of their summer holiday to express their feelings, knowledge, and thoughts in this year’s contest. Congratulations to all the winners and thank you to all the participants. It was very heartwarming to learn more about youths’ perspective and knowledge regarding Nepal and their respective Nepali communities.

I would also like to offer my sincere thanks to prize sponsors **Mr. Kamran Awan** from Greensboro, North Carolina; **Dr. Sanjeeb Sapkota** and **Ms. Sabina Sapkota** from Lawrenceville, Georgia; and **Mr. Madhav Mainali** and **Ms. Sita Ghimire Mainali** from Huntsville, Alabama for their generous financial contributions. This program would not have been possible without such generous sponsorships. I also would like to thank Mr. Steve Hess, Honorary Consul of Nepal at Alberta, Canada for matching prize amount for Alberta students.

Additionally, I am very grateful to Mr. Madhav Dhakal, President of NASEA; Mr. Bala Ghimire, President of ANMA; and Mr. Medini Adhikari, President of ANA for their continuous support and dedication. Last but not least, thank you to all of my fellow essay committee members.

Brief information of the 2018 Nepali National Convention writing contest is provided below.

Entry Levels/ Titles	Winners	Prize	Sponsors	Judging Committee Members
<b>High School</b> How Nepali community organizations can unite and empower its members	1 <sup>st</sup> Smarika Nepal – FL 2 <sup>nd</sup> Muskan Khadka – NC 3 <sup>rd</sup> Dejan Shakya - NE	\$300 \$100 \$50	<i>Mr. Kamran Awan</i> (Accounting Solutions Form - Greensboro, NC)	Mr. Postak Shrestha, MN Dr. Gyanendra Pokharel, Calgary, Canada Dr. Prem Chapagain, FL Ms. Shrijana Sharma, GA Dr. Sushama Pradhan, NC
<b>Middle School</b> My participation in a Nepali community event	1 <sup>st</sup> Safal Sapkota – NE 2 <sup>nd</sup> Apekshya Pokharel – AB, Canada 3 <sup>rd</sup> Savanna Aryal – NC	\$100 \$75 \$50	<i>Dr. Sanjeeb &amp; Mrs. Sabina Sapkota,</i> (Lawrenceville, GA)	Dr. Narayan Dhakal, MN Mrs. Anila Neupane, FL Mr. Jyoti Vaidya, ON, Canada Mr. Dadin Pandey, NC Dr. Sushama Pradhan, NC
<b>Elementary School</b> Show and Tell : A Nepali Event	1 <sup>st</sup> Bisikha Dhungel – AB, Canada 2 <sup>nd</sup> Sneha Kharel – MN 3 <sup>rd</sup> Nirbiroth Timalsina- NC	\$100 \$75 \$50	<i>Mr. Madhav Mainali and Ms. Sita Ghimire Mainali,</i> (Huntsville, AL)	Mr. Parbat Joshi, FL Ms. Bibhuti Timalsina, NC Ms. Jyoti Adhikary, IL Ms. Sabitri Ranabhat, NC Dr. Sushama Pradhan, NC

1st Place - Elementary School



# The Nepali cultural festival : Tihar

by Bisikha Dhungel

Nepal has many festivals and cultures and all of them are great in their own way. Here, I am going to show and tell about Tihar. The Tihar festival has 5 days. It is more about lights, worshipping animals and Goddess Laxmi and brothers.

The very first day is celebrated by worshipping crow which is also treated as a messenger.

Second day we worship the dogs. I thank the dogs for guarding people's houses because they have a really good sense of hearing and they won't let bad people in by either biting or barking.

Third day we worship the cows in the morning and we start Deepawali by making rangolis on our porch step or the insides of houses. We do all of this in the afternoon & in the evening we worship our Goddess Laxmi, the Goddess of wealth and peace. We offer selroti, fruits, sweets etc. and donate some money (dakshina) to Bhaili group on the same day. The festival of lights is celebrated on one of the darkest day. I participated in bhaili from NCSC Nepali Pathshala in Calgary, Canada with my friends and teachers. I went door to door playing Bhaili along with my friends, mom and her friends. I enjoyed singing Bhaili songs and dancing on Nepalese dress *Fariya*



and *Chaubandi*. But the most important thing I liked is that we donated all the money collected to NCSC building project. I think volunteering and donating is always good. I really liked it.

On the fourth day we worship the Ox because in the old days Nepali people used oxes for planting and it

would make easier to grow the crops. They also worship a hill using poop of Cow and Oxes. Boys play Deusi going door-to-door on this day.

The fifth day is bhai tika that is when the sisters put a tika on their brother's forehead which is of seven colors. It is said that if sisters put tika on their brothers along with worship of their brother's whole body then a God would bless the brothers with long life.

I think this festival is more of bonding each brothers and sisters with love and shows our respect towards animals, which are part of our nature. The festival is also about getting people gathering together to play Deusi and Bhaili and donating for something good cause. I like to be a part of this and other cultural festivals of Nepal as it unites us.

*Bisikha is a 4th grade student at Valley View School (Science program) Calgary, AB, Canada.*

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**Rama Dhungel**  
**Executive Member, NASEA**

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**Manish Shakya**  
**Executive Member, NASEA**

2nd Place - Elementary School



# Show and Tell Nepal

by Sneha Kharel

Hello everyone! I am Sneha Kharel, soon to be a 5<sup>th</sup> grader. I want to thank ANMA for providing this opportunity to describe how nice the Nepali events that I was a part of were. I hope you like it and enjoy reading it.

Dashain- is a part of you if you're from Nepal. According to the Hindu religion, this festival is celebrated for the victory of good over the evil: the victory of goddess Durga. During Dashain, we receive tika and blessings from elderly. I have been to Nepal to receive tika and blessings from my grandparents and relatives. My grandparents have visited us and we have celebrated Dashain together in Minnesota.

During Tihar, we worship crows, dogs, cows then our beloved brothers. It's also called Festival of Lights. We got beautiful lights of different colors in our house too. On the last day, we put tika in the forehead of our brothers, and get gifts from them. The tika with 7 colors looks so good. I was little when I celebrated Tihar once in Nepal but I have good memories of it.

Every year, I have been participating in cultural programs organized by ANMN (Association of Nepalese in Minnesota) for Dashain and Tihar festivals. I feel so proud of being a part of it. Another most enjoyable event of tihar is the deusi-bhailo program. I really enjoy deusi-bhailo program because it is unique Nepali culture. I noticed people living here enjoy it too.

I really enjoy another festival of Nepal -Teej. On this day, I see girls and women in red saris and make up with a lot of jewelries. I like to get dressed in the traditional dress. Of course I like red colored dress. I join my mom and her friends when they are dancing, and after that, everyone seems to enjoy the delicious food, though woman do fasting on this day.

I have also been part of other festival -Holi, the festival of colors where we play with colors. I remember it was so cold and there was snow outside here in Minnesota but we still managed to celebrate it. It was very unique yet fun experience for me. Besides that, I've been involved in Grand Old Day Parade' to highlight and promote Nepali culture here in the USA

I would like to conclude my essay by saying that Nepali culture is a rich and diverse, and as my parents

mentioned, it is referred to as common garden for different types of flowers. Nepal is a country rich in cultural heritages and we young generation will be up for their preservation. We should not hesitate to be a part of our culture and should step forward to maintain them, specially when we are far from the country.

**Here are couple of pictures from events I have participated:**

# 'The Nepali Jatra' at Old Grand Parade Day 2016



#New Year celebration 2017



Thank You and Namaste!

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASeA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Chet Bhattarai**  
**Executive Member, NASeA**



## 3rd Place - Elementary School

**Bhanu Jayanti 2018**

by Nirbiroddh Timalisina

Nepal is a multi-cultural and multi languages country, has lots of different types of religions and approximately 92 languages which Nepali is the most popular language and it is the national language of Nepal. Nepal is a landlocked country between India and China. In Nepal we have lots of temples including Pashupatinath, Manakamana, Swayambhu, Janaki temple and Baudhanath temple etc.

In Nepal we celebrate a festival called Bhanu Jayanti. Bhanu Jayanti is a festival celebrated to remind us about an early Nepali poet named Bhanubhakta Acharya. He was born on B.S. 1871 Asar 29<sup>th</sup> and death was B.S. 1925 Asoj 6<sup>th</sup>. Bhanu Bhakta Acharya was an early Nepali poet writer. He has many kriti's and the most popular ones are Ghasi, Bhaktamala, Badhu shikshya and Prashnottar. He contributed to Nepali language and literature. His biggest contribution of Nepali language and literature was translating Ramayana from Sanskrit to Nepali language. On July 21 we had our Bhanu Jayantifestival at Twin Lake Club House organized by Nepalese literature USA Nepal, NCNLS, INLS NC chapter and NCNC. We also had our Bhanubhakta and Nepali language speech contest. There were different categories from (k-2, 3-5, 6-8, and 9-12) groups.

At the program I was little nervous because It was my first time on stage but whatever I could remember I preformed confidently. All the participants were telling about Bhanubhakta Acharya and Nepali language. Then the seniors and local poets were making clear and details about Bhanubhakta, Nepali language, art and culture more than participants because they knew more about Bhanubhakta and Nepali language and culture than us. In the contest I was very happy when I got first place in my category in the contest. The most important thing I liked about the contest was that the people who won the competition got certificates and medals, just like how Bhanubhakta Acharya got the motivation from

an old Ghasi and learned that we have to do some contribution to our community sothat everyone will remember us and what we did forever, and that is what I had learned too. I learned that if we try something we can be successful in anything and never give up you might win one day.



At last, if we keep on celebrating this kind of programs we can save our language, art, literature, culture etc. to our generation to generation. But also that we Nepali people who were born in Nepal and here have still gotten the opportunity to learn, speak, and write Nepali language. So when we go to Nepal we can talk with relatives and write in Nepali and also they will be proud of us that we went to America but when we come to Nepal we still know Nepali language.

*Nirbiroddh is a 4th grade student at Carpenter Elementary School, NC.*



1st Place - Middle School

# My Participation in a Nepali Community Event

by Safal Sapkota



In Omaha, we have a large Nepali community. We have an organization called the NNS (Nebraska Nepalese Society). But the NNS was not enough to preserve our Nepali heritage. We had to teach children Nepali. Of course, some Nepali parents teach their children Nepali at home, but others don't have time due to work. Luckily, we have in Omaha something called Nepali School. Nepali School began in 2004 from a small basement. Now, it has grown to have 80+ students! We now hold our classes in a Hindu temple that has a big hall. We now have around 10 teachers. Nepali School has 7 different groups- Terai 1, Terai 2, Pahad 1, Pahad 2, Himal 1, Himal 2, and Nepal. Nepali School has taught us about three important things- teamwork, unity, and what the impact of Nepali School is on the Nepali community.

Teamwork has always been important in Nepali School. There are often competitions where students must work in a group to finish reading a passage before another group, where some students help out others in their group who have difficulty reading a word or two. This is encouraged, and students help other students rather than teachers helping students, for the most part. Me personally, I have learned a lot about teamwork from Nepali School. I used to think that teamwork was unnecessary and that I could do better by myself. However, once I got to the highest group, Nepal, I finally found a challenge in Nepali School. I began to falter in reading some of the difficult, long words, and needed my classmates to help me a little. If I didn't have the help of my classmates, I would've been demoted. Now I am much better and help other classmates who have just gotten to the Nepal group.

Unity is very important in Nepali School. We always start class off by saying the Sarawati Bandhana, Nepali national anthem, ka khaa gha ghaa, and a aa ee. When we say those, it is very important for us to all say it at once. If even one person lags behind, we stop and redo it, although that rarely happens. This is done because we say these fairly slow, and if someone is having trouble keeping up, they are taken to the front of the class and guided through it. If everyone does not say it at the same time, it is not successful. Everyone must be treated equally in the Nepali community.

Nepali School has had a huge impact on the Nepali community. Nepali children are able to communi-

cate with their grandparents who don't speak English. In the future, the children of today will become adults who know Nepali, and if their children go to Nepali School, they will know Nepali also. That way, we can easily preserve our Nepali heritage in the United States, and it also makes it really easy for Nepalese in the U.S. to go to Nepal, as them and their children will know Nepali. In my case, I have been able to talk with and grow closer with my grandparents in Nepal and am able to ask around if I get lost in Nepal. I can understand what people say and can communicate with my cousins who don't know very good English. Nepali School has made a giant impact on my life and on the whole Nepali community of Omaha. Thanks to Nepali School, I also know some basic yoga and can do it in my spare time. Our whole Nepali community in Omaha appreciates all that Nepali School has done for us. We are all thankful to Nepali School.

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**Dr. Suman Silwal**  
**Executive Member, NASEA**

Wishing Association of Nepalese in Midwest America (ANMA), Nepalese Association in Southeast America (NASEA) and Association of Nepalis in the Americas (ANA) a grand success for the Nepali National Convention in Chicago, IL, Aug 31—Sep 2, 2018

**Pammi Dhungana Parajuli**  
**Executive Member, NASEA**

## 2nd Place - Middle School

# My Participation in a Nepali Community Event

by Apekshya Pokharel



Over the past ten years, I have experienced multiple of the cultural aspects in Nepalese communities. Not only as a member in these forms of collaboration, but as a socially diligent individual. Active citizenship plays a leading role in communities. To quote the New York Times, "What makes their (children's) voices uniquely powerful?"

Every summer, Calgary Nepalese Community Association (CNCA) holds a picnic. To conduct the program well, a vast amount of teamwork and unity is incorporated. Teamwork and unity are necessary components for the society's growth. Team work is a combined action of a group helping to perform work in an effective and efficient way.

For example, the game "Tug of War", a popular game in many communities. This typical game seems easy to those who do not participate in the activity, where two teams are on either side of a rope and must pull the opposing team towards their boundary. While this is correct, there are many aspects one would not understand without playing. Such as the habit of mind i.e., persistence, which is the ongoing fact in a belief or course of battle despite struggle or opposition. In this case, persistence drove the team to pull the rope, so they wouldn't lose. A unified team has the same goal and is in agreement. Helen Keller stated, "Alone we can do so little; together we can do so much." This statement is not realistic without teamwork or unity. 75% of employers in the USA consider teamwork very important. In Tug of War, without unity and teamwork, the likeliness of catastrophes is much higher, possibly causing back sprains, rib and thoracic cage injuries, bruises, burns, blisters, etc.

CNCA picnics are a tremendous help to our Nepalese community in multiple ways. It is one of the largest yearly events by population. Meaning there are numerous opportunities to interact with others. Countless seize this opportunity to discuss their concerns, strategies, ways to improve this community, etc. Along with our community events, we volunteer. Such as at the world-famous Calgary Stampede. There, we perform classic Nepalese cultural programs such as folk dance. We also serve Nepalese foods including Sel Roti, Kheer, Dumplings and Samosas. Not only do we take part in the Calgary Stampede, we also contend in multicultural festivals. We show other populaces the distinct traits about the Nepalese community. At these events, we learn about many other communities. We study the values in other cultures; such as from the Jewish, we learn about justice, truth, and peace. We teach commoners about karma, dharma, yamas, and niyamas. In my experiences with the CNCA community, I have

found that the moral of these activities is that with the right team, you can accomplish the unbelievable. Any successful team has had bumps in their road. In our community, a major challenge is to choose a good leader. We all want to use our strengths to our advantage and good leadership plays a vital role. Consensus is one way to choose a leadership. However, we may not always come to an agreement about this matter. In situations such as these, it is best to vote. A modern possibility is the Democratic system, where majority rules. Borgen Magazine states that 123 out of 192 countries use this technique. This implies that most governments see this system as best fit to run a society. These countries are role models for smaller democratic forms including school councils.

For a successful future, we must be aware of the happenings in our community and be active citizens. Persistence, unity, and teamwork are only a few of many diverse lessons we could learn. Volunteering is an apt way of learning about our society; such as how CNCA volunteered at the Calgary Stampede. Communities teach us values making us understand the root of our culture. Lastly, a child's opinion has the creativity and youth adults have lost. This factor gives us an extra open mind, causing our elders to not consider our thoughts. While children are often underestimated, we quickly come back to full force. To answer the question, "What makes their (children's) voices uniquely powerful?" It is our willingness to do the right thing despite the consequences.

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## 3rd Place - Middle School

# My Participation in a Nepali Community Event

by Savanna Aryal



I am Savanna Aryal from North Carolina. In Raleigh and surrounding parts of North Carolina there is a Nepali association called NCNC. It stands for the Nepalese Center of North Carolina. In this community, people come together as a family to show that we are Nepali people, help each other in need and that we are proud to be Nepalese. The main purpose of NCNC is to keep the Nepali tradition going on and to teach younger children where we come. NCNC organizes lots of programs. There is one in particular that was very appealing to me. It is called Nepal Day. The Nepalese people discussed about celebrating Nepal day for few years. Once it was finalized by the community, this was brought into discussion with the mayor of Morrisville in 2016. In 2017 the Morrisville Mayor, Mark Stohlman, proclaimed the third Saturday on April as Nepal day. This year in 2018, Wake County has also declared Nepal Day.

So far NCNC held two Nepal Day parades. A week before the parade, we the volunteers, gathered at a place to make posters and the Nepali and American flag for Nepal day. We spent at least two to three hours to make posters. A day before the parade, the volunteers gathered again to decorate the truck that was used by other volunteers to carry the Hindu gods and goddesses during the parade.

This year at the parade, we gathered at Cedar Fork Elementary in Morrisville, NC. We started distributing posters that we made last week along with the American and Nepali flag stickers to participants. The Panchakanyas (five young girls) welcomed the chief guests (the Nepalese ambassador) by giving him a flower necklace made by real flowers. We also welcomed the Mayor of Morrisville, Mr. T.J Crawley, and a few Wake County representatives. After welcoming the chief guests and, we marched two miles to Church Street Park. During the parade the gods and goddesses i.e Buddha, Mahadev and Parvathi along with the Panchakanyas were carried on the decorated truck. Buddha was in Nepal day because he was born in Nepal and is now considered a mentor. Mahadev and Parvathi were also there because both of them meditated up in the Himalayas where it was peace and quiet. These Hindu gods and goddesses are Nepali people dressed up like real gods and goddesses. Music from Nepal was played during the parade such as Nepali drums and chimes. After two miles of marching, the parade turned into a cul-

tural program. We started the cultural program with the national anthem from both countries. After the national anthem the chief guests gave speeches highlighting the importance of Nepal day and Nepal.

After the speeches, the gods and goddesses danced in traditional Nepali followed by a dance from different Nepali people dressed up like different tribes in Nepal. There was also a dance called the Lakhe dance where there is a monster called a Lakhe and the Lakhe is supposed to scare all the children that go near him. The Lakhe has red hair and is human but has a mask on. The Lakhe dances to a certain song that is made with drums and chimes and the music is made by people. At the park there were a few stalls that were selling items from Nepal such as a Khukuri (a big knife) and god and goddesses made of metal. They were also selling typical Nepali foods and we the volunteers gave away water for free to the participants. Nepal is very unique in its own ways. It is a landlocked country between India and China. They have a great diversity of different ethnics groups in Nepal and have very beautiful landmarks such as Mount Everest or the Swambhu. The capital of Nepal is Katmandu, where there are lots of temples such as the Pashupati Nath, Bhaktapur Durbar Square, Patan square. Nepal Day is about acknowledging Nepal and telling people in Morrisville and also second generation Nepali people like me where Nepal is and teaches us the culture of Nepal Without the help of our community members and their hard work nothing is possible.

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**Binay Aryal**  
Executive Member, NASeA



1st Place - High School

## How Nepali Community Organizations Can Unite and Empower its Members



By Smarika Nepal

“It is not in numbers, but in unity, that our great strength lies.” -Thomas Paine, author of Common Sense. Although we may not have the largest population of individuals in comparison to those of other nations, we do have active organizations designated in different regions across the globe, which allow us to come together as one and focus on the things that really matter and are relevant to our society. In the United States there are only 140,000 people living of Nepalese descent (2015, Pew Research Center), compared to the country’s total estimated population of 328,322,208, according to the United States Census Bureau. Regardless of having such a significant difference in terms of population, there are benefits of being such a tight-knit community, and we need to learn to make the most out of such advantages. We are able to reach one another to pass down our wisdom through these local and regional organizations, despite things like social standing, gender, or even age, because at the end of the day we all have something alike, being Nepali, and there is no person who can take that away.

I find it to be imperative that if we as a community want our culture, our traditions, and our customs to live on, then we need to prioritize communicating all of these things with the youth of today. The youth, after all, are our future and we want for Nepalese descendants to be able to proudly answer where they are from without having to be asked follow-up questions such as where Nepal is located "within India". For far too long, Nepal has been hidden in the shadows of the two global superpowers it neighbors. Our beautiful country needs help from us, Nepalese diaspora, to emerge from the shadows and see the light as a growing and prosperous nation.

First and foremost, before educating the people of the world, we need to come together and share our country’s rich history with the children of Nepal,

only then will our country be recognized for all it beholds, beyond being the birthplace of the Buddha or being the land of the tallest mountains on Earth. There are a multitude of ways to approach such a future, some of which have already been implemented by the different existing organizations. A few of the ways that my local organizations have achieved in uniting our community that I’ve experienced first-hand include, having children come together and learn the value of their culture, performing through the art of song and dance, inviting them to learn about their religion by the means of theater, and celebrating the importance of holidays like Holi, Dashain, Tihar, and so many others. Not just this, but because of programs like WPB Pathshala, I have had the opportunity to be immersed in both our culture and language, though being born in the States. This of all things in my life is the most precious gift that I’ve had the pleasure to receive and I will cherish it for generations to come. Each of these distinct methods make a grand impact in their own ways, but I believe that more can be done to reach out to those individuals who just may have other interests and passions. Possible activities that could attract the attention of different crowds could be something in relation to Nepalese cuisine, where youths are able to use their everyday talents in the kitchen to capture the essence in highlighting the many Nepali delicacies we often enjoy. Other possibilities include creating Nepali vocabulary quizzes and spelling bees based on grade level to enhance language capacity, or even hosting trivia competitions based off of Nepal’s elaborate history and breathtaking terrain, allowing teams to learn to work as a group to achieve a common goal.

There are many talented individuals within our very own community, however, in order to give those individuals an opportunity to showcase their skills, there needs to be a more diverse range of activities appealing to the people who possess these talents.

If we leave it to the others, we will never be able to accomplish much of anything. There are many key aspects that need to be considered when it comes to uniting a community. Not only do we have to take different interests into account, but also the differing needs of each person. Our communities are filled with promise, given the right opportunities, we can see a large growth in the productivity of our organizations. Introducing programs such as Habitat for Humanity creates a way for students to find the importance of giving back to society and realizing that they are capable of making a difference in this world. After all, there is nothing more empowering than knowing you can be a part of something that completely changes peoples’ lives. Aside from building homes for people in need, there are other impactful methods to take initiative in one’s community for example, working with *The National Mentoring Partnership*. “Research confirms that quality mentoring relationships have powerful positive effects on young people in a variety of personal, academic, and professional situations. Ultimately, mentoring connects a young person to personal growth and development, and social and economic opportunity.” -TNMP. Adopting mentoring programs is a huge step in the right direction, with countless benefits. Having a mentor allows the mentee to learn to trust and keep themselves mentally stable knowing that there is someone who is always there for them. Having a mentor also helps the mentees to make informed choices and can help them in career building opportunities, helping them in the long-run.

There is a quote I’ve always been fond of ever since reading the fourth installation of the famous Harry Potter series, Harry Potter and the Goblet of Fire. J.K. Rowling wrote: “We are only as strong as we are united, as weak as we are divided.” This is a quote I’ve since committed to memory and the meaning resonating behind is something that I could never forget to this day.

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## 2nd Place - High School

## How Nepali Community Organizations Can Unite and Empower its Members

by Muskan Khadka



From my arrival into the United States of America in 2005, I have been fortunate to be surrounded by a Nepalese community. My family settled into the triad region of North Carolina, specifically High Point and the Nepalese community has only grown steadily since. In 2010, the large amount of Nepalese people allowed for the formation of the Triad Nepalese Community Center (TNCC). I grew up with TNCC in my most development years, which then allowed me to appreciate my Nepali culture and the importance of a community. However as time has progressed, I have personally felt and witnessed the widespread apathy at TNCC events among the youth. I decided to create a summer camp for the Nepali youth. TNCC shaped me to be the person I am today and it supported me in my interests in creating a youth camp. Nepali community organizations can unify the community by putting greater leadership roles and resources into the Nepali youth. The benefits that result from increased youth engagement are Nepali leaders ready to create positive change in their communities and in the world.

Immigrants that come to United States usually have a difficult time transitioning into the American lifestyle. I was fairly young when I came to the United States, but I remembering feeling comfortable. My family and I were picked up in the airport by a Nepali family and I became best friends with their daughter. We ate Nepali food, spoke Nepali, and frequently attended Nepali parties. From my child's perspective the transition seemed easy, but I realize now that my parents went through hardships that I was too young to fully comprehend. Having a strong Nepali community welcome us to the country made my family's arrival smoother and we were able to feel at home in a foreign country.

After the arrival of my family, the Nepali community in the triad region grew even more. In 2010, TNCC was established which allowed the community to unite in celebrating and sharing our Nepali culture. TNCC hosted Teej, Dashain, Tihar, Holi, and New Years events every year, and I always enjoyed performing Nepali dances at the various events. Through the establishment of Nepali Pathshala, I learned how to write in Nepal and other aspects of Nepali culture. My sense of Nepali pride and identity were kept very strong because of the programs implemented by TNCC. I was overjoyed when TNCC was able to purchase a community center be-

cause we had something of our own.

The overjoyed sentiment faded as I got older. The TNCC cultural programs became repetitive and lacked youth activities. When events were held at our center the kids complained about boredom. I found myself avoiding going to the Nepali center and making comments about there being no WIFI at the center. The lack of youth programs resulted in behavioral issues because some kids became bored and a loss of appreciation for the center. In an attempt to alleviate the boredom, I brought games to play during Dashain and the children enjoyed them. The kids needed more than games though, they needed attention focused towards them.

I had attended insightful teen summer camps and conferences about leadership and social justice issues throughout my years in high school, that I gained the skills to create my own camp. The camps and conferences always asked the question of how you would apply the things learned into your life. At this point, I realized the opportunity I had in front of me. TNCC was my platform to reach the Nepali youth and united them. First, I asked my friends for help in being counselors for the camp. My friends and I became a team leading the first Nepali summer camp. The camp was named Naya Pusta, meaning new generation and all our plans had to approve by TNCC. To my dismay, TNCC wholeheartedly supported Camp NayaPusta. I understood the difficulties felt by adults of TNCC who planned mass events. All the meetings and considerations towards the success of Camp NayaPusta took great effort. It became clearer that the adults of TNCC were not deliberately excluding the youth. We as the youth had to speak up and communicate with adults to create the change we wished to see.

The Naya Pusta Team worked diligently for months to ensure the summer camp would be a success and it was all worth it. Our mission was to educate the youth about the importance of community engagement through an emphasis on Nepali identity, social justice issues, and leadership. We had campers attending



from cities outside the triad region, which showed the importance of what we were trying to achieve. For three days of Camp Naya Pusta I got to connect with the campers on a deeper level and I saw myself in many of them when we discussed certain topics. Camp Naya Pusta allowed for a safe place for the campers to express themselves while also having fun. We discussed the experience of being a minority and we heard wonderful ideas about combating issues in our community. Having the venue of the Camp Naya Pusta be at community center, restored respect and appreciation for the place. I had never felt so hopeful for the future until witnessing the campers of Camp Naya Pusta, which meant we had achieved our mission.

The value of community has been instilled in me since a young age. I am privileged to have grown up in a Nepali community organization that allowed me to embrace my Nepali identity and empowered me to implement a summer youth camp. Camp Naya Pusta allowed for increased youth engagement in TNCC, because we communicated our ideas to them and they listened. Nepali community organizations must look towards the youth who take initiative to create positive change. The youth are leaders of the community and the world.

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3rd Place - High School

## How Nepali Community Organizations Can Unite and Empower its Members

by Dejan Shakya



From an ecological standpoint, communities are “assemblages of interacting populations of the species living within a particular area” (Flannery 1). In short, when we wonder what comprises a community, we first consider the proximity. Even when broadening the scope of the word to the more common, unscientific definition, we hear ‘community’, and immediately correlate the word to the people around us, in our local vicinities. Granted, this is what a typical person would have their mind drawn to. This is where we, as a Nepali community, stand out from the crowd. Being Nepali, the very thing that makes us unique in contrast to many around us, is at the same time an incredible bond, a network that connects us with millions of other people who, overlooking a number of other potential shared characteristics, share an important piece of their heritage with us. Consider now, the combination of communities. A Nepali community, already strengthened in the universal associated ancestry, is only further fortified by the inclusion of smaller local organizations.

The Nepali community organization in my own area, the Nebraska Nepalese Society, has experienced immense success on the basis of unification. With a calendar full of meetings, events, and activities, there are constantly new opportunities being made to connect with the Nepali community around you. Especially important is the organization’s choice to maintain their connection to the Nepali youth. Speaking from experience, growing up in a country like America, where a strong sense of patriotism is initiated from birth, and the culture permeates through everyone, it can be difficult to maintain Nepali roots. This is not to say that immersing one’s self in American culture is bad; the truth is quite the opposite, in fact. The only marginal conflict that arises for Nepali youth in America is that an effort must be made to maintain interest in conserving our Nepali roots. I say marginal because the effort truly isn’t much. In the case of my own community organization, the dedicated board of directors does such a tremendous job organizing events, that unifying with the Nepali community around us comes with ease, and often, especially in the case of activities, is exciting in and of itself, not even considering the added benefit of connecting with the people around us.

In light of the incredible work done by my local Ne-

pali community organization, it is difficult to find any spots that deserve criticism. With that being said, however, nothing is perfect. So, while I hold no criticisms, I bear suggestions for the entirety of Nepali community organizations that pose potential to carry major improvement. First, there should be more incentive for the Nepali youth to reconnect with their heritage. This very writing contest is a terrific example. The task in itself asks participants to perform research and learn more about the Nepali organizations around them, meaning that while they mainly pursue some reward, the real gift is the further immersion into the Nepali culture. Not only this, but passionate people can produce incredible ideas. Incentivized contests that focus their intent on improvement will undoubtedly have an end result of new incorporable ideas, further immersion into culture, and strengthening of community commitment, all at the cost of a small reward.

Furthermore, while there is no doubt that the Nepali community organizations as a whole function well for all, there is a disparity in age and gender related functions that needs to be bridged for full inclusivity. There are events geared towards an older demographic and events geared towards a younger demographic, events geared towards females and events geared towards males, but near none equally geared towards all. This is not to say that the organizations aren’t being inclusive, but rather that the inclusivity has different ranges in audience that need to be combined. Events and activities that include everyone all at once are the key to strengthening the Nepali community as a whole. Such events and activities have benefits that are two-fold. First, simply looking at the entire community in one place at one time is an empowering sight. Seeing so many people that share the same culture as you can really build an encompassing community feel. Especially considering the ‘American culture conundrum’ mentioned earlier, forging strong relationships with other

Nepali people can be an invaluable opportunity to connect on a personal level to the Nepali community. Over time, people will lose parts of Nepali culture if they have nobody to share it with. It is vital to hold these community-wide functions for exactly this reason. Second, it is important for the youths to be able to see older community leaders doing the same things as them. Doing so ingrains in the youths the ideal that the Nepali culture and lifestyle is something that never leaves you, something that you should grow to love and build upon, even as you grow older.

I hear the word ‘community’ and I don’t only think of the people around me. I think of the international community, the family, I have across the world. The millions of people that I share heritage with. Being Nepali is something that connects us all, and our local Nepali communities play an irreplaceable role in strengthening that connection. The overarching Nepali community is made stronger every time a local community unites and connects.

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*Best wishes to ANMA, NASeA & ANA for the grand success of the Nepali National Convention 2018 Chicago, Illinois Aug. 31 – Sept. 2, 2018*



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सगुन परिवार

वासिङ्गटन डिसी





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Tilak KC is a Nepali businessman in Milwaukee Wisconsin living with his wife Sunita, son Atish, and daughter Antima. He has spent most of his life for the community development and welfare. Mr. KC came to The United States of America in 2002 for his doctoral course, but he changed his way of life and became a businessman. Mr. KC always advocates for the Nepali cultural transformation to the new generation living in The United States. Now he is a community leader/worker in Milwaukee, Wisconsin. Here are some things we need to know about him.

- President, Himalayan Oil Company
- Founder President and Senior Advisor, Milwaukee Nepali Pariwar
- Co-Chair NRN NCCUSA Nepalese Business Entrepreneurs
- Founder of Nepali School in Milwaukee Wisconsin, 2010
- Past State Coordinator, Blood Donor Association of America, Wisconsin
- President, Milwaukee Nepali Pariwar 2011-2017
- Actively involved in human right activities in Nepal until 2002
- Former Statistic lecturer in Tribhuvan University, Nepal
- Elected secretary of three student union, T.U. Kirtipur Nepal, 1993



**Best wishes to ANMA, NAsEA & ANA for the grand success of the Nepali National Convention 2018. I hope this convention will bring more unity and play a vital role in the cultural transformation to the new generation of Nepali community living in the United.**