



The Sport Committee of

Nepalese Association in Southeast America (NASEA)

Presents

Live Yoga Session (*Patanjali Yoga*)

with

Nepali Guru Lalit Shankar Yogi

In NASEA TV

On Saturday, January 7 at 11.00 AM (Morning) Eastern Time.

The yoga session of Guru Lalit Shaknar will be broadcasted live via the broadcast on this date and time at

<http://www.ustream.tv/channel/nasea-tv>

